

Date Generated: 8/8/25



i **ASSIST does not take the place of a counselor on your campus.** It is intended to help students and counselors work together to establish an appropriate path toward transferring from a public California community college to a California university.

Cal-GETC Course List (All Cal-GETC Areas)

San Diego Mesa College

Academic Year 2025-2026

IMPORTANT

The California General Education Transfer Curriculum (Cal-GETC) is a series of courses that California community college students may complete to satisfy the lower-division general education requirements before transferring to the California State University (CSU) or to the University of California (UC).

The Cal-GETC pattern is certified by the CCC, accepted by all CSU campuses, and accepted by most UC campuses and programs. Students should consult a CCC counselor for more information about Cal-GETC, and the majors for which Cal-GETC is appropriate.

The following community college courses will satisfy Cal-GETC requirement areas as indicated.

Limitations

- Transfer credit may be limited by either CSU policy, or UC policy, or both. Please review the Cal-GETC Certification Course List as well as the UC Transferable Course List (the UC TCA) in addition to consulting with a counselor.

More information regarding transferring to CSU or UC may be located through the following links:

[CSU Transfer Requirements](#)

[UC Transfer Requirements](#)

AREA 1 - English Communication

3 courses (9 semester or 12 quarter units; 3 semester or 4 quarter units for each of 1A, 1B, and 1C)

1A - English Composition

1 course (3 semester or 4 quarter units)

Course	Title	Semester Units	Other Areas	Date Approved	Date Removed
ENGL 105	Composition and Literature	3.00		F2025	
ENGL C1000	Academic Reading and Writing	3.00		F2025	

1B - Critical Thinking and Composition

1 course (3 semester or 4 quarter units)

Course	Title	Semester Units	Other Areas	Date Approved	Date Removed
ENGL C1001	Critical Thinking and Writing	3.00		F2025	
GEOG 205	Critical Thinking and Writing in Geography	3.00		F2025	

Date Generated: 8/8/25



Cal-GETC Course List - All Cal-GETC Areas

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units	Other Areas	Date Approved	Date Removed
HIST 205	Methodology and Practice in History	3.00		F2025	
PHIL 205	Critical Thinking and Writing in Philosophy	3.00		F2025	

1C - Oral Communication

1 course (3 semester or 4 quarter units)

Course	Title	Semester Units	Other Areas	Date Approved	Date Removed
COMM C1000	Introduction to Public Speaking	3.00		F2025	

AREA 2 - Mathematical Concepts and Quantitative Reasoning

1 course (3 semester or 4 quarter units)

2 - Mathematical Concepts and Quantitative Reasoning

Course	Title	Semester Units	Other Areas	Date Approved	Date Removed
BIOL 200	Biological Statistics	3.00		F2025	
BUSE 115	Statistics for Business	3.00		F2025	
CISC 246	Discrete Mathematics for Computer Science	3.00		F2025	
MATH 116	College and Matrix Algebra	3.00		F2025	
MATH 121	Basic Techniques of Applied Calculus I	3.00		F2025	
MATH 122	Basic Techniques of Calculus II	3.00		F2025	
MATH 141	Precalculus	5.00		F2025	
MATH 150	Calculus with Analytic Geometry I	5.00		F2025	
MATH 151	Calculus with Analytic Geometry II	4.00		F2025	
MATH 245	Discrete Mathematics	3.00		F2025	
MATH 252	Calculus with Analytic Geometry III	4.00		F2025	
MATH 254	Introduction to Linear Algebra	3.00		F2025	
MATH 255	Differential Equations	3.00		F2025	
POLI 201	Elementary Statistics for Political Science	3.00		F2025	
PSYC 258	Behavioral Science Statistics	3.00		F2025	
STAT C1000	Introduction to Statistics	3.00		F2025	

AREA 3 - Arts and Humanities

1 course from each 3A and 3B subject area

2 courses (6 semester or 8 quarter units)

3A - Arts

1 course (3 semester or 4 quarter units)

Course	Title	Semester Units	Other Areas	Date Approved	Date Removed
ARTF 100	Art Orientation	3.00		F2025	
ARTF 106	Art of the United States: Colonial to Modern Period	3.00		F2025	

Date Generated: 8/8/25



Cal-GETC Course List - All Cal-GETC Areas

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units	Other Areas	Date Approved	Date Removed
ARTF 107	Contemporary Art	3.00		F2025	
ARTF 108	Women in Art	3.00		F2025	
			3B	F2025	
			4	F2025	
ARTF 109	Modern Art	3.00		F2025	
ARTF 110	Art History: Prehistoric to Gothic	3.00		F2025	
ARTF 111	Art History: Renaissance to Modern	3.00		F2025	
ARTF 113	Arts of Africa, Oceania, and the Americas	3.00		F2025	
ARTF 115	African Art	3.00		F2025	
ARTF 120	Native American Art	3.00		F2025	
ARTF 125	Art History: Arts of the Asian Continent	3.00		F2025	
ARTF 130	Pre-Columbian Art	3.00		F2025	
ARTF 188	Women and Gender in Photography	3.00		F2025	
			3B	F2025	
ARTF 191	Cultural Influences on Photography	3.00		F2025	
			3B	F2025	
ARTF 194	Critical Photography	3.00		F2025	
BLAS 110	African American Art	3.00		F2025	
BLAS 111	Cultural Influences on African Art	3.00		F2025	
BLAS 120	Black Music	3.00		F2025	
CHIC 230	Chicano Art	3.00		F2025	
CHIC 250	Introduction to Chicano Dramatic Art	3.00		F2025	
DRAM 105	Introduction to Dramatic Arts	3.00		F2025	
DRAM 107	Study of Filmed Plays	3.00		F2025	
DRAM 109	Theatre and Social Issues	3.00		F2025	
DRAM 150	Cinema as Art and Communication I	3.00		F2025	
DRAM 151	Cinema as Art and Communication II	3.00		F2025	
DRAM 205	The American Musical on Stage and Screen	3.00		F2025	
FASH 122	Ethnic Costume	3.00		F2025	
MUSI 100	Introduction to Music	3.00		F2025	
MUSI 103	History of Rock Music	3.00		F2025	
MUSI 109	World Music	3.00		F2025	
MUSI 111	Jazz History	3.00		F2025	
MUSI 114	Music of the Beatles	3.00		F2025	
MUSI 117	Music in the United States	3.00		F2025	
MUSI 118	Asian & Pacific Music	3.00		F2025	
MUSI 119	Music in Latin America & North America	3.00		F2025	
MUSI 125	Music, the Arts and Society	3.00		F2025	
MUSI 126	Rap Music and Hip Hop Culture	3.00		F2025	
MUSI 131	Music of California	3.00		F2025	

Date Generated: 8/8/25



Cal-GETC Course List - All Cal-GETC Areas

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units	Other Areas	Date Approved	Date Removed
MUSI 138	Women in Music	3.00		F2025	

3B - Humanities

1 course (3 semester or 4 quarter units)

Course	Title	Semester Units	Other Areas	Date Approved	Date Removed
AMSL 121	American Sign Language Level II	5.00		F2025	
AMSL 150	Introduction to Deaf Culture	3.00	4	F2025 F2025	
AMSL 220	American Sign Language Level III	5.00		F2025	
AMSL 221	American Sign Language Level IV	5.00		F2025	
ARCH 126	History of Ancient World Architecture	3.00		F2025	
ARCH 127	History of World Architecture: Renaissance through Contemporary	3.00		F2025	
ARTF 108	Women in Art	3.00	3A 4	F2025 F2025 F2025	
ARTF 188	Women and Gender in Photography	3.00	3A	F2025 F2025	
ARTF 191	Cultural Influences on Photography	3.00	3A	F2025 F2025	
BLAS 145A	Introduction to African History	3.00	4	F2025 F2025	
BLAS 145B	Introduction to African History	3.00	4	F2025 F2025	
BLAS 150	Black Women in Literature, Film and the Media	3.00		F2025	
BLAS 155	African American Literature	3.00		F2025	
CHIC 130	Mexican Literature in Translation	3.00		F2025	
CHIC 135	Chicana/o Literature	3.00		F2025	
CHIC 138	Literature of La Raza in Latin America in Translation	3.00		F2025	
CHIC 190	Chicano Images in Film	3.00		F2025	
CHIC 210	Chicano Culture	3.00	4	F2025 F2025	
CHIN 102	Second Course in Mandarin Chinese	5.00		F2025	
CHIN 201	Third Course Mandarin Chinese	5.00		F2025	
CHIN 202	Fourth Course in Mandarin Chinese	5.00		F2025	
ENGL 208	Introduction to Literature	3.00		F2025	
ENGL 209	Literary Approaches to Film	3.00		F2025	
ENGL 210	American Literature I	3.00		F2025	
ENGL 211	American Literature II	3.00		F2025	
ENGL 215	English Literature I: 800-1799	3.00		F2025	
ENGL 216	English Literature II: 1800 - Present	3.00		F2025	
ENGL 220	Masterpieces of World Literature I: 1500 BCE - 1600 CE	3.00		F2025	

Date Generated: 8/8/25



Cal-GETC Course List - All Cal-GETC Areas

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units	Other Areas	Date Approved	Date Removed
ENGL 221	Masterpieces of World Literature II: 1600 - Present	3.00		F2025	
ENGL 230	Asian American Literature	3.00		F2025	
ENGL 234	Hip Hop Literature: A Poetry Class	3.00		F2025	
ENGL 237	Women in Literature	3.00		F2025	
ENGL 240	Shakespeare	3.00		F2025	
FREN 102	Second Course in French	5.00		F2025	
FREN 201	Third Course in French	5.00		F2025	
FREN 202	Fourth Course in French	5.00		F2025	
GERM 102	Second Course in German	5.00		F2025	
GERM 201	Third Course in German	5.00		F2025	
HIST 100	World History I	3.00		F2025	
			4	F2025	
HIST 101	World History II	3.00		F2025	
			4	F2025	
HIST 105	Introduction to Western Civilization I	3.00		F2025	
			4	F2025	
HIST 106	Introduction to Western Civilization II	3.00		F2025	
			4	F2025	
HIST 120	Introduction to Asian Civilizations	3.00		F2025	
			4	F2025	
HIST 121	Asian Civilization in Modern Times	3.00		F2025	
			4	F2025	
HIST 131	Latin America Before Independence	3.00		F2025	
			4	F2025	
HIST 132	Latin America Since Independence	3.00		F2025	
			4	F2025	
HUMA 101	Introduction to the Humanities I	3.00		F2025	
HUMA 102	Introduction to the Humanities II	3.00		F2025	
HUMA 103	Introduction to the New Testament	3.00		F2025	
HUMA 104	Introduction to the Old Testament	3.00		F2025	
HUMA 106	World Religions	3.00		F2025	
HUMA 118	Eastern Humanities	3.00		F2025	
HUMA 119	Western Humanities	3.00		F2025	
HUMA 201	Mythology	3.00		F2025	
HUMA 205	Exploring Human Values through Film	3.00		F2025	
HUMA 210	Women in Religion and Myth	3.00		F2025	
ITAL 102	Second Course in Italian	5.00		F2025	
ITAL 201	Third Course in Italian	5.00		F2025	
JAPN 102	Second Course in Japanese	5.00		F2025	
JAPN 201	Third Course in Japanese	5.00		F2025	
JAPN 202	Fourth Course in Japanese	5.00		F2025	

Date Generated: 8/8/25



Cal-GETC Course List - All Cal-GETC Areas

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units	Other Areas	Date Approved	Date Removed
NAIS 200	American Indian Spirituality	3.00		F2025	
PHIL 102A	Introduction to Philosophy: Reality and Knowledge	3.00		F2025	
PHIL 102B	Introduction to Philosophy: Values	3.00		F2025	
PHIL 103	Historical Introduction to Philosophy	3.00		F2025	
PHIL 104A	History Of Western Philosophy: Ancient to Medieval	3.00		F2025	
PHIL 104B	History of Western Philosophy: Modern to Contemporary	3.00		F2025	
PHIL 105	Contemporary Philosophy	3.00		F2025	
PHIL 106	Asian Philosophy	3.00		F2025	
PHIL 107	Reflections on Human Nature	3.00		F2025	
PHIL 108	Perspectives on Human Nature and Society	3.00		F2025	
PHIL 110	Philosophy of Religion	3.00		F2025	
PHIL 111	Philosophy In Literature and Other Fiction	3.00		F2025	
PHIL 112	Philosophy of Science	3.00		F2025	
PHIL 125	Philosophy of Women	3.00		F2025	
PHIL 126	Philosophy of Contemporary Gender Issues	3.00		F2025	
			4	F2025	
PHIL 130	Philosophy of Art and Music	3.00		F2025	
PHIL 131	Environmental Ethics	3.00		F2025	
RUSS 102	Second Course in Russian	5.00		F2025	
RUSS 201	Third Course in Russian	5.00		F2025	
SPAN 102	Second Course in Spanish	5.00		F2025	
SPAN 201	Third Course in Spanish	5.00		F2025	
SPAN 202	Fourth Course in Spanish	5.00		F2025	
SPAN 215	Spanish for Spanish Speakers I	5.00		F2025	
SPAN 216	Spanish for Spanish Speakers II	5.00		F2025	
SPAN 221	Hispanic Literature for Spanish Speakers	5.00		F2025	
SPAN 222	Hispanic Culture and Civilization for Spanish Speakers	5.00		F2025	
			4	F2025	F2027
VIET 102	Second Course in Vietnamese	5.00		F2025	
VIET 201	Third Course in Vietnamese	5.00		F2025	

AREA 4 - Social and Behavioral Sciences

2 courses from two academic disciplines or in an interdisciplinary sequence.
2 courses (6 semester or 8 quarter units)

4 - Social and Behavioral Sciences

Course	Title	Semester Units	Other Areas	Date Approved	Date Removed
AAPI 103	Introduction to Pacific Islander Studies	3.00		F2025	
AAPI 124	Introduction to Asian American and Pacific Islander Studies	3.00		F2025	
			6	F2025	
AAPI 125	Asian American and Pacific Islander Identities and Cultures	3.00		F2025	

Date Generated: 8/8/25



Cal-GETC Course List - All Cal-GETC Areas

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units	Other Areas	Date Approved	Date Removed
			6	F2025	
AAPI 127	Asian Americans and American Ideals, Institutions, and Politics	3.00		F2025	
AAPI 130	Asian American and Pacific Islander Women	3.00		F2025	
			6	F2025	
AMSL 150	Introduction to Deaf Culture	3.00		F2025	
			3B	F2025	
ANTH 103	Introduction to Cultural Anthropology	3.00		F2025	
ANTH 107	Introduction to Archaeology	3.00		F2025	
ANTH 110	Anthropology of Magic, Witchcraft, and Religion	3.00		F2025	
ANTH 117	Anthropology of Gender and Sexuality	3.00		F2025	
ANTH 140	Primatology	3.00		F2025	
ANTH 215	Cultures of Latin America	3.00		F2025	
ARTF 108	Women in Art	3.00		F2025	
			3A	F2025	
			3B	F2025	
BLAS 100	Introduction to Black Studies	3.00		F2025	
			6	F2025	
BLAS 104	Black Psychology	3.00		F2025	
BLAS 116	Contemporary Social Problems from a Black Perspective	3.00		F2025	
BLAS 125	Dynamics of the Black Community	3.00		F2025	
BLAS 130	The Black Family	3.00		F2025	
BLAS 140A	African American History to Reconstruction	3.00		F2025	
			6	F2025	
BLAS 140B	African American History since Reconstruction to the Present	3.00		F2025	
			6	F2025	
BLAS 145A	Introduction to African History	3.00		F2025	
			3B	F2025	
BLAS 145B	Introduction to African History	3.00		F2025	
			3B	F2025	
BLAS 175	Psycho-History of Racism and Sexism	3.00		F2025	
CHIC 110A	Introduction to Chicana and Chicano Studies	3.00		F2025	
			6	F2025	
CHIC 110B	Introduction to Chicana and Chicano Studies	3.00		F2025	
			6	F2025	
CHIC 140	Chicana/o Sociology	3.00		F2025	
CHIC 141A	United States History from a Chicano Perspective	3.00		F2025	
CHIC 141B	United States History from a Chicano Perspective	3.00		F2025	
CHIC 150	History of Mexico	3.00		F2025	
CHIC 155	Introduction to Central American Studies	3.00		F2025	
CHIC 170	La Chicana	3.00		F2025	
CHIC 201	The Indigenous Tradition of Mexico and Ancient Mesoamerica	3.00		F2025	
CHIC 210	Chicano Culture	3.00		F2025	

Date Generated: 8/8/25



Cal-GETC Course List - All Cal-GETC Areas

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units	Other Areas	Date Approved	Date Removed
			3B	F2025	
CHIL 101	Human Growth and Development	3.00		F2025	
COMS 135	Interpersonal Communication	3.00		F2025	F2027
ECON 120	Principles of Macroeconomics	3.00		F2025	
ECON 121	Principles of Microeconomics	3.00		F2025	
ECON 220	Economics of the Environment	3.00		F2025	
ENGL 202	Introduction to Linguistics	3.00		F2025	
FILI 100	Filipino American Experience	3.00		F2025	
GEOG 102	Cultural Geography	3.00		F2025	
GEOG 104	World Regional Geography	3.00		F2025	
GEOG 154	Introduction to Urban Geography	3.00		F2025	
HEAL 103	Introduction to Public Health	3.00		F2025	
HEAL 104	Public Health and Social Justice	3.00		F2025	
HIST 100	World History I	3.00		F2025	
			3B	F2025	
HIST 101	World History II	3.00		F2025	
			3B	F2025	
HIST 105	Introduction to Western Civilization I	3.00		F2025	
			3B	F2025	
HIST 106	Introduction to Western Civilization II	3.00		F2025	
			3B	F2025	
HIST 109	History of the United States I	3.00		F2025	
HIST 110	History of the United States II	3.00		F2025	
HIST 115A	History of the Americas I	3.00		F2025	
HIST 115B	History of the Americas II	3.00		F2025	
HIST 120	Introduction to Asian Civilizations	3.00		F2025	
			3B	F2025	
HIST 121	Asian Civilization in Modern Times	3.00		F2025	
			3B	F2025	
HIST 123	United States History from the Asian Pacific American Perspective	3.00		F2025	
HIST 130	The Modern Middle East	3.00		F2025	
HIST 131	Latin America Before Independence	3.00		F2025	
			3B	F2025	
HIST 132	Latin America Since Independence	3.00		F2025	
			3B	F2025	
HIST 135	History of Technology	3.00		F2025	
HIST 141	Women in United States History I	3.00		F2025	
HIST 142	Women in United States History II	3.00		F2025	
HIST 150	Native Americans in United States History I	3.00		F2025	
HIST 151	Native Americans in United States History II	3.00		F2025	
HIST 154	Ancient Egypt	3.00		F2025	

Date Generated: 8/8/25



Cal-GETC Course List - All Cal-GETC Areas

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units	Other Areas	Date Approved	Date Removed
HIST 175	California History	3.00		F2025	
JOUR 202	Introduction to Mass Communication	3.00		F2025	
NAIS 100	Introduction to Native American and Indigenous Studies	3.00		F2025	
NUTR 153	Cultural Foods	3.00		F2025	
PADM 110	Introduction to Law and Society	3.00		F2025	
PHIL 109	Issues in Social Philosophy	3.00		F2025	
PHIL 126	Philosophy of Contemporary Gender Issues	3.00		F2025	
			3B	F2025	
POLI 101	Introduction to Political Science	3.00		F2025	
POLI 103	Comparative Politics	3.00		F2025	
POLI 121	American Political Development	3.00		F2025	
POLI 123	Gender and Politics	3.00		F2025	
POLI 124	Power and Justice: An Introduction to Political Theory	3.00		F2025	
POLI 140	Contemporary International Politics	3.00		F2025	
POLS C1000	American Government and Politics	3.00		F2025	
PSYC 111	Psychological/Social Aspects of Aging, Death, and Dying	3.00		F2025	
PSYC 112	Interpersonal Relations	3.00		F2025	
PSYC 121	Introduction to Child Psychology	3.00		F2025	
PSYC 133	Psychology of Women	3.00		F2025	
PSYC 135	Marriage and Family Relations	3.00		F2025	
PSYC 137	Human Sexual Behavior	3.00		F2025	
PSYC 155	Introduction to Personality	3.00		F2025	
PSYC 166	Introduction to Social Psychology	3.00		F2025	
PSYC 211	Learning	3.00		F2025	
PSYC 230	Psychology of Lifespan Development	3.00		F2025	
PSYC 245	Abnormal Psychology	3.00		F2025	
PSYC 283	Introduction to Cognitive Psychology	3.00		F2025	
PSYC C1000	Introduction to Psychology	3.00		F2025	
SOCO 101	Principles of Sociology	3.00		F2025	
SOCO 110	Contemporary Social Problems	3.00		F2025	
SOCO 125	Sociology of the Family	3.00		F2025	
SOCO 145	Health and Society	3.00		F2025	
SOCO 150	Sociology of Latinos/Latinas	3.00		F2025	
SOCO 201	Advanced Principles of Sociology	3.00		F2025	
SOCO 207	Introduction to Race and Ethnicity	3.00		F2025	
SOCO 220	Introduction to Research Methods in Sociology	3.00		F2025	
SOCO 223	Globalization and Social Change	3.00		F2025	
SPAN 222	Hispanic Culture and Civilization for Spanish Speakers	5.00		F2025	F2027
			3B	F2025	

Date Generated: 8/8/25



Cal-GETC Course List - All Cal-GETC Areas

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units	Other Areas	Date Approved	Date Removed
SUST 101	Introduction to Sustainability	3.00		F2025	
WMNS 101	Introduction to Gender and Women's Studies	3.00		F2025	

AREA 5 - Physical and Biological Sciences

1 course from each 5A and 5B subject area. One of the two courses must include a laboratory.
2 courses (7 semester or 9 quarter units)

5A - Physical Science

1 course (3 semester or 4 quarter units)

Course	Title	Semester Units	Other Areas	Date Approved	Date Removed
ASTR 101	Descriptive Astronomy	3.00		F2025	
ASTR 102	Exploring The Solar System And Life Beyond The Earth	3.00		F2025	
CHEM 100	Fundamentals of Chemistry	3.00		F2025	
CHEM 103	General, Organic, and Biological Chemistry	5.00	5C	F2025 F2025	
CHEM 111	Chemistry in Society	3.00		F2025	
CHEM 130	Introduction to Organic and Biological Chemistry	3.00		F2025	
CHEM 152	Introduction to General Chemistry	3.00		F2025	
CHEM 160	Introductory Biochemistry	3.00		F2025	
CHEM 200	General Chemistry I - Lecture	3.00		F2025	
CHEM 201	General Chemistry II - Lecture	3.00		F2025	
CHEM 231	Organic Chemistry I - Lecture	3.00		F2025	
CHEM 233	Organic Chemistry II - Lecture	3.00		F2025	
CHEM 251	Quantitative Analytical Chemistry	5.00	5C	F2025 F2025	
GEOG 101	Physical Geography	3.00		F2025	
GEOL 100	Physical Geology	3.00		F2025	
GEOL 104	Earth Science	3.00		F2025	
GEOL 111	Dinosaurs, Mass Extinctions, and Earth History	4.00	5C	F2025 F2025	
GEOL 130	Field Geology of San Diego County	4.00	5C	F2025 F2025	
OCEA 101	The Oceans	3.00		F2025	
PHYN 100	Survey of Physical Science	3.00		F2025	
PHYN 105	Physical Science for Elementary Education	3.00		F2025	
PHYN 114	Weather and Climate	3.00		F2025	
PHYS 100	Introductory Physics	4.00	5C	F2025 F2025	
PHYS 125	General Physics	5.00	5C	F2025 F2025	
PHYS 126	General Physics II	5.00	5C	F2025 F2025	

Date Generated: 8/8/25



Cal-GETC Course List - All Cal-GETC Areas

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units	Other Areas	Date Approved	Date Removed
PHYS 180A	General Physics I	4.00		F2025	
PHYS 180B	General Physics II	4.00		F2025	
PHYS 195	Mechanics	5.00	5C	F2025	
PHYS 196	Electricity and Magnetism	5.00	5C	F2025	
PHYS 197	Waves, Optics and Modern Physics	5.00	5C	F2025	

5B - Biological Science

1 course (3 semester or 4 quarter units)

Course	Title	Semester Units	Other Areas	Date Approved	Date Removed
ANTH 102	Introduction to Biological Anthropology	3.00		F2025	
BIOL 100	Natural History - Environmental Biology	4.00	5C	F2025	
BIOL 107	General Biology - Lecture and Laboratory	4.00	5C	F2025	
BIOL 110	Introduction to Oceanography	3.00		F2025	
BIOL 115	Marine Biology	4.00	5C	F2025	
BIOL 120	The Environment of Man	3.00		F2025	
BIOL 130	Human Heredity	3.00		F2025	
BIOL 180	Plants and People	3.00		F2025	
BIOL 205	General Microbiology	5.00	5C	F2025	
BIOL 210A	Introduction to the Biological Sciences I	4.00	5C	F2025	
BIOL 210B	Introduction to the Biological Sciences II	4.00	5C	F2025	
BIOL 215	Introduction to Zoology	4.00	5C	F2025	
BIOL 230	Human Anatomy	4.00	5C	F2025	
BIOL 235	Human Physiology	4.00	5C	F2025	
BIOL 250	Introduction to Botany	4.00	5C	F2025	
PSYC 260	Introduction to Physiological Psychology	3.00		F2025	

5C - Laboratory

(1 semester or 1 quarter unit)

Date Generated: 8/8/25



Cal-GETC Course List - All Cal-GETC Areas

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units	Other Areas	Date Approved	Date Removed
ANTH 104	Laboratory in Biological Anthropology	1.00		F2025	
ASTR 109	Practice in Observing	1.00		F2025	
ASTR 111	Astronomy Laboratory	1.00		F2025	
BIOL 100	Natural History - Environmental Biology	4.00		F2025	
			5B	F2025	
BIOL 107	General Biology - Lecture and Laboratory	4.00		F2025	
			5B	F2025	
BIOL 115	Marine Biology	4.00		F2025	
			5B	F2025	
BIOL 205	General Microbiology	5.00		F2025	
			5B	F2025	
BIOL 210A	Introduction to the Biological Sciences I	4.00		F2025	
			5B	F2025	
BIOL 210B	Introduction to the Biological Sciences II	4.00		F2025	
			5B	F2025	
BIOL 215	Introduction to Zoology	4.00		F2025	
			5B	F2025	
BIOL 230	Human Anatomy	4.00		F2025	
			5B	F2025	
BIOL 235	Human Physiology	4.00		F2025	
			5B	F2025	
BIOL 250	Introduction to Botany	4.00		F2025	
			5B	F2025	
CHEM 100L	Fundamentals of Chemistry Laboratory	1.00		F2025	
CHEM 103	General, Organic, and Biological Chemistry	5.00		F2025	
			5A	F2025	
CHEM 111L	Chemistry in Society Laboratory	1.00		F2025	
CHEM 130L	Introduction to Organic and Biological Chemistry Laboratory	1.00		F2025	
CHEM 152L	Introduction to General Chemistry Laboratory	1.00		F2025	
CHEM 200L	General Chemistry I - Laboratory	2.00		F2025	
CHEM 201L	General Chemistry II - Laboratory	2.00		F2025	
CHEM 231L	Organic Chemistry I Laboratory	2.00		F2025	
CHEM 233L	Organic Chemistry II Laboratory	2.00		F2025	
CHEM 251	Quantitative Analytical Chemistry	5.00		F2025	
			5A	F2025	
GEOG 101L	Physical Geography Laboratory	1.00		F2025	
GEOL 101	Physical Geology Laboratory	1.00		F2025	
GEOL 111	Dinosaurs, Mass Extinctions, and Earth History	4.00		F2025	
			5A	F2025	
GEOL 120	Earth Science Laboratory	1.00		F2025	
GEOL 130	Field Geology of San Diego County	4.00		F2025	
			5A	F2025	
PHYN 101	Survey of Physical Science Laboratory	1.00		F2025	

Date Generated: 8/8/25



Cal-GETC Course List - All Cal-GETC Areas

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units	Other Areas	Date Approved	Date Removed
PHYS 100	Introductory Physics	4.00	5A	F2025	F2025
PHYS 125	General Physics	5.00	5A	F2025	F2025
PHYS 126	General Physics II	5.00	5A	F2025	F2025
PHYS 181A	General Physics Laboratory I	1.00		F2025	
PHYS 181B	General Physics Laboratory II	1.00		F2025	
PHYS 195	Mechanics	5.00	5A	F2025	F2025
PHYS 196	Electricity and Magnetism	5.00	5A	F2025	F2025
PHYS 197	Waves, Optics and Modern Physics	5.00	5A	F2025	F2025
PSYC 260L	Introduction to Physiological Psychology Laboratory	1.00		F2025	

AREA 6 - Ethnic Studies

1 course (3 semester or 4 quarter units)

6 - Ethnic Studies

Course	Title	Semester Units	Other Areas	Date Approved	Date Removed
AAPI 124	Introduction to Asian American and Pacific Islander Studies	3.00	4	F2025	F2025
AAPI 125	Asian American and Pacific Islander Identities and Cultures	3.00	4	F2025	F2025
AAPI 130	Asian American and Pacific Islander Women	3.00	4	F2025	F2025
BLAS 100	Introduction to Black Studies	3.00	4	F2025	F2025
BLAS 140A	African American History to Reconstruction	3.00	4	F2025	F2025
BLAS 140B	African American History since Reconstruction to the Present	3.00	4	F2025	F2025
CHIC 110A	Introduction to Chicana and Chicano Studies	3.00	4	F2025	F2025
CHIC 110B	Introduction to Chicana and Chicano Studies	3.00	4	F2025	F2025

END OF LIST

Date Generated: 8/8/25



i **ASSIST does not take the place of a counselor on your campus.** It is intended to help students and counselors work together to establish an appropriate path toward transferring from a public California community college to a California university.

CSU United States History, Constitution and American Ideals (All CSU AI Areas)

San Diego Mesa College

Academic Year 2025-2026

IMPORTANT

The California community college courses listed below will satisfy the California State University (CSU) graduation requirements in American Institutions.

Students satisfy this CSU graduation requirement through coursework in three areas:

US-1: Historical development of American institutions and ideals

US-2: United States Constitution and government

US-3: California state and local government

Conditions

- This requirement may be met before or after transfer to the CSU.
- Any community college may certify completion by students who take courses approved in the three areas, as published here.
- Students who want to fulfill this requirement with courses taken before Fall 2004 should consult their college catalogs.
- If a course is approved for more than one US Area below, a student may use the course to satisfy all areas listed.
- US-1 may be completed with a score of 3 or higher on Advanced Placement US History.
- US-2 (but not US-3) may be completed with a score of 3 or higher on Advanced Placement US Government and Politics.
- At the discretion of the CSU campus granting the degree, courses meeting this requirement may also be counted toward certification in general education (CSU GE-Breadth or IGETC).

Check with a counselor for details.

US1 - American History

Course	Title	Semester Units	Other Areas	Date Approved	Date Removed
BLAS 140A	African American History to Reconstruction	3.00	US2	F2004	F2004
BLAS 140B	African American History since Reconstruction to the Present	3.00	US3	F2004	F2004
CHIC 141A	United States History from a Chicano Perspective	3.00		F2004	

Date Generated: 8/8/25



CSU United States History, Constitution and American Ideals - All CSU AI Areas

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units	Other Areas	Date Approved	Date Removed
			US2	F2004	
CHIC 141B	United States History from a Chicano Perspective	3.00		F2004	
			US3	F2004	
HIST 109	History of the United States I	3.00		F2004	
			US2	F2004	
HIST 110	History of the United States II	3.00		F2004	
			US3	F2004	
HIST 115A	History of the Americas I	3.00		F2004	
			US2	F2004	
HIST 115B	History of the Americas II	3.00		F2004	
			US3	F2004	
HIST 123	United States History from the Asian Pacific American Perspective	3.00		F2004	
			US3	F2004	F2025
HIST 141	Women in United States History I	3.00		F2004	
			US2	F2004	
HIST 142	Women in United States History II	3.00		F2004	
			US3	F2004	
HIST 150	Native Americans in United States History I	3.00		F2004	
			US2	F2004	
HIST 151	Native Americans in United States History II	3.00		F2004	
			US3	F2004	
POLI 121	American Political Development	3.00		F2019	
			US2	F2019	

US2 - US Constitution and Government

Course	Title	Semester Units	Other Areas	Date Approved	Date Removed
BLAS 140A	African American History to Reconstruction	3.00		F2004	
			US1	F2004	
CHIC 141A	United States History from a Chicano Perspective	3.00		F2004	
			US1	F2004	
HIST 109	History of the United States I	3.00		F2004	
			US1	F2004	
HIST 115A	History of the Americas I	3.00		F2004	
			US1	F2004	
HIST 141	Women in United States History I	3.00		F2004	
			US1	F2004	
HIST 150	Native Americans in United States History I	3.00		F2004	
			US1	F2004	
POLI 102	Introduction to American Government	3.00		F2004	F2025
			US3	F2004	F2025
POLI 121	American Political Development	3.00		F2019	
			US1	F2019	
POLS C1000	American Government and Politics	3.00		F2025	
	(Formerly POLI 102 prior to F2025)		US3	F2025	
	(Formerly "Introduction to American Government" prior to F2025)				

Date Generated: 8/8/25



CSU United States History, Constitution and American Ideals - All CSU AI Areas

San Diego Mesa College

Academic Year 2025-2026

US3 - California State and Local Government

Course	Title	Semester Units	Other Areas	Date Approved	Date Removed
BLAS 140B	African American History since Reconstruction to the Present	3.00	US1	F2004	
CHIC 141B	United States History from a Chicano Perspective	3.00	US1	F2004	
HIST 110	History of the United States II	3.00	US1	F2004	
HIST 115B	History of the Americas II	3.00	US1	F2004	
HIST 123	United States History from the Asian Pacific American Perspective	3.00	US1	F2004	F2025
HIST 142	Women in United States History II	3.00	US1	F2004	
HIST 151	Native Americans in United States History II	3.00	US1	F2004	
HIST 175	California History	3.00		F2004	
POLI 102	Introduction to American Government	3.00	US2	F2004	F2025
POLS C1000	American Government and Politics (Formerly POLI 102 prior to F2025) (Formerly "Introduction to American Government" prior to F2025)	3.00	US2	F2025	

END OF LIST

Date Generated: 8/8/25



i **ASSIST does not take the place of a counselor on your campus.** It is intended to help students and counselors work together to establish an appropriate path toward transferring from a public California community college to a California university.

CSU Baccalaureate Level Course List (All Departments)

San Diego Mesa College

Academic Year 2025-2026

IMPORTANT

Upon transfer, the courses listed below will:

- be awarded unit credit at a CSU;
- be applied to degree requirements based on CSU campus major and departmental articulation agreements and/or systemwide general education approvals.

Please note that while both lower and upper division community college courses may be listed, only lower division credit is awarded toward degree requirements.

Accounting

Course	Title	Semester Units
ACCT 116A	Financial Accounting	4.00
ACCT 116B	Managerial Accounting	4.00
ACCT 120	Federal Income Tax	3.00
ACCT 121	California Income Tax	1.00
ACCT 125	Government & Not-for-Profit Accounting	3.00
ACCT 135	Principles of Auditing	3.00
ACCT 150	Computer Accounting Applications	3.00
ACCT 201A	Intermediate Accounting I	3.00
ACCT 201B	Intermediate Accounting II	3.00
ACCT 270	Accounting Internship / Work Experience	1.00 - 4.00

Allied Health

Course	Title	Semester Units
ALLH 290	Independent Study	1.00 - 3.00

American Sign Language

Course	Title	Semester Units
AMSL 120	American Sign Language Level I CSUGE: C2; IGETC: 6A	5.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
AMSL 121	American Sign Language Level II CSUGE: C2; Cal-GETC: 3B; IGETC: 3B, 6A	5.00
AMSL 150	Introduction to Deaf Culture CSUGE: C2, D3; Cal-GETC: 3B, 4; IGETC: 3B, 4C	3.00
AMSL 155	Implications of Deafness	3.00
AMSL 214	American Sign Language Fingerspelled Signs	3.00
AMSL 220	American Sign Language Level III CSUGE: C2; Cal-GETC: 3B; IGETC: 3B, 6A	5.00
AMSL 221	American Sign Language Level IV CSUGE: C2; Cal-GETC: 3B; IGETC: 3B, 6A	5.00
AMSL 225	Introduction to Linguistics of American Sign Language	3.00
AMSL 230	Interpretation I	4.00
AMSL 235	Professional Aspects of Interpretation	3.00
AMSL 240	Interpretation II	4.00
AMSL 245	Specialized Settings in Interpretation	3.00
AMSL 250	Interpretation III	4.00
AMSL 255	Interpretation IV	4.00
AMSL 276	Field Work in Interpretation	3.00

Anthropology

Course	Title	Semester Units
ANTH 102	Introduction to Biological Anthropology CSUGE: B2; Cal-GETC: 5B; IGETC: 5B	3.00
ANTH 103	Introduction to Cultural Anthropology CSUGE: D1; Cal-GETC: 4; IGETC: 4A	3.00
ANTH 104	Laboratory in Biological Anthropology CSUGE: B3; Cal-GETC: 5C; IGETC: 5C	1.00
ANTH 107	Introduction to Archaeology CSUGE: D1; Cal-GETC: 4; IGETC: 4A	3.00
ANTH 110	Anthropology of Magic, Witchcraft, and Religion CSUGE: D1; Cal-GETC: 4; IGETC: 4A	3.00
ANTH 117	Anthropology of Gender and Sexuality CSUGE: D; Cal-GETC: 4; IGETC: 4	3.00
ANTH 125	Archaeological Faunal Remains Analysis	3.00
ANTH 130	Bones: Human Osteology	3.00
ANTH 140	Primatology CSUGE: D; Cal-GETC: 4; IGETC: 4	3.00
ANTH 205	Introduction to Medical Anthropology CSUGE: D1	3.00
ANTH 215	Cultures of Latin America CSUGE: D1, D3; Cal-GETC: 4; IGETC: 4A	3.00
ANTH 265	Physical Anthropology Honors Laboratory	1.00
ANTH 290	Independent Study	1.00 - 3.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Architecture

Course	Title	Semester Units
ARCH 100	Graphic Design Communication I	2.00
ARCH 101	Archicad	3.00
ARCH 103	Introduction to Architecture and Environmental Design	3.00
ARCH 107	Revit	3.00
ARCH 112	AutoCAD	3.00
ARCH 113	Rhino for Architecture	3.00
ARCH 126	History of Ancient World Architecture CSUGE: C2; Cal-GETC: 3B; IGETC: 3B	3.00
ARCH 127	History of World Architecture: Renaissance through Contemporary CSUGE: C2; Cal-GETC: 3B; IGETC: 3B	3.00
ARCH 130	Materials of Construction	3.00
ARCH 141	Professional Practice in Architecture	4.00
ARCH 170	Architectural Design	4.00
ARCH 172	Architectural Design II	4.00
ARCH 173	Architectural Site Design: Creating Exterior Spaces	4.00
ARCH 175	Advanced Architectural Design I	5.00
ARCH 180A	Advanced Architectural Design IIA	5.00
ARCH 180B	Advanced Architectural Design IIB	5.00
ARCH 180C	Advanced Architectural Design IIC	5.00
ARCH 205	Estimating	3.00
ARCH 220	Graphic Design Communication II	2.00
ARCH 221	Graphic Design Communication III	2.00
ARCH 226	Architectural Theory	3.00
ARCH 231	Sustainability in the Built Environment	4.00
ARCH 270	Work Experience	1.00 - 4.00
ARCH 290	Independent Study	1.00 - 3.00

Art

Course	Title	Semester Units
ARTF 100	Art Orientation CSUGE: C1; Cal-GETC: 3A; IGETC: 3A	3.00
ARTF 106	Art of the United States: Colonial to Modern Period CSUGE: C1; Cal-GETC: 3A; IGETC: 3A	3.00
ARTF 107	Contemporary Art CSUGE: C1; Cal-GETC: 3A; IGETC: 3A	3.00
ARTF 108	Women in Art CSUGE: C1, C2, D4; Cal-GETC: 3A, 3B, 4; IGETC: 3A, 3B, 4D	3.00
ARTF 109	Modern Art CSUGE: C1; Cal-GETC: 3A; IGETC: 3A	3.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
ARTF 110	Art History: Prehistoric to Gothic CSUGE: C1; Cal-GETC: 3A; IGETC: 3A	3.00
ARTF 111	Art History: Renaissance to Modern CSUGE: C1; Cal-GETC: 3A; IGETC: 3A	3.00
ARTF 113	Arts of Africa, Oceania, and the Americas CSUGE: C1; Cal-GETC: 3A; IGETC: 3A	3.00
ARTF 115	African Art CSUGE: C1; Cal-GETC: 3A; IGETC: 3A	3.00
ARTF 120	Native American Art CSUGE: C1; Cal-GETC: 3A; IGETC: 3A	3.00
ARTF 125	Art History: Arts of the Asian Continent CSUGE: C1; Cal-GETC: 3A; IGETC: 3A	3.00
ARTF 130	Pre-Columbian Art CSUGE: C1; Cal-GETC: 3A; IGETC: 3A	3.00
ARTF 150A	Two-Dimensional Design	3.00
ARTF 150B	Beginning Graphic Design	3.00
ARTF 151	Three-Dimensional Design	3.00
ARTF 152	Color Theory	3.00
ARTF 155A	Freehand Drawing I	3.00
ARTF 155B	Freehand Drawing II	3.00
ARTF 161A	Museum Studies/Gallery Exhibition Skills I	3.00
ARTF 161B	Museum Studies/Gallery Exhibition Skills II	3.00
ARTF 163	Art Museum/Gallery Internship	4.00
ARTF 165A	Composition in Painting I	3.00
ARTF 165B	Composition in Painting II	3.00
ARTF 165C	Composition in Painting III	3.00
ARTF 165D	Composition in Painting IV	3.00
ARTF 174A	Book Arts I	3.00
ARTF 175A	Sculpture I	3.00
ARTF 175B	Sculpture II	3.00
ARTF 175C	Sculpture III	3.00
ARTF 188	Women and Gender in Photography CSUGE: C1, C2; Cal-GETC: 3A, 3B; IGETC: 3A, 3B	3.00
ARTF 190A	Black and White Art Photography	3.00
ARTF 191	Cultural Influences on Photography CSUGE: C1, C2; Cal-GETC: 3A, 3B; IGETC: 3A, 3B	3.00
ARTF 194	Critical Photography CSUGE: C1; Cal-GETC: 3A; IGETC: 3A	3.00
ARTF 195A	Ceramics I	3.00
ARTF 195B	Ceramics II	3.00
ARTF 196	Clay and Glaze Technology	3.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
ARTF 197A	Handbuilding Ceramics I	3.00
ARTF 197B	Handbuilding Ceramics II	3.00
ARTF 198A	Introduction to Printmaking I	3.00
ARTF 198B	Introduction to Printmaking II	3.00
ARTF 198C	Introduction to Printmaking III	3.00
ARTF 200	Photographic Composition and Theory	3.00
ARTF 205A	Installation, Performance, and New Genres	3.00
ARTF 210A	Life Drawing I	3.00
ARTF 210B	Life Drawing II	3.00
ARTF 210C	Life Drawing III	3.00
ARTF 220A	Life Sculpture I	3.00
ARTF 220B	Life Sculpture II	3.00
ARTF 220C	Life Sculpture III	3.00
ARTF 231	Introduction to Digital Art	3.00
ARTF 232	Introduction to Digital Drawing and Painting	3.00
ARTF 233	Introduction to Digital Photographic Imaging	3.00
ARTF 260	Studio Art Studies	3.00
ARTF 280A	2-Dimensional Art Studio Lab	1.00
ARTF 280B	3-Dimensional Art Studio Lab	1.00
ARTF 280C	Ceramics Studio Lab	1.00
ARTF 280D	Digital Art Studio Lab	1.00
ARTF 280E	Museum Studies Lab	1.00
ARTF 280F	Photography Studio Lab	1.00
ARTF 290	Independent Study	1.00 - 3.00

Asian American Pacific Islander Studies

Course	Title	Semester Units
AAPI 103	Introduction to Pacific Islander Studies Cal-GETC: 4	3.00
AAPI 124	Introduction to Asian American and Pacific Islander Studies CSUGE: D, F; Cal-GETC: 4, 6; IGETC: 4, 7	3.00
AAPI 125	Asian American and Pacific Islander Identities and Cultures CSUGE: D, F; Cal-GETC: 4, 6; IGETC: 4, 7	3.00
AAPI 127	Asian Americans and American Ideals, Institutions, and Politics Cal-GETC: 4	3.00
AAPI 130	Asian American and Pacific Islander Women CSUGE: D, F; Cal-GETC: 4, 6; IGETC: 4, 7	3.00

Astronomy

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
ASTR 101	Descriptive Astronomy CSUGE: B1; Cal-GETC: 5A; IGETC: 5A	3.00
ASTR 102	Exploring The Solar System And Life Beyond The Earth CSUGE: B1; Cal-GETC: 5A; IGETC: 5A	3.00
ASTR 109	Practice in Observing CSUGE: B3; Cal-GETC: 5C; IGETC: 5C	1.00
ASTR 111	Astronomy Laboratory CSUGE: B3; Cal-GETC: 5C; IGETC: 5C	1.00
ASTR 290	Independent Study	1.00 - 3.00

Biology

Course	Title	Semester Units
BIOL 100	Natural History - Environmental Biology CSUGE: B2, B3; Cal-GETC: 5B, 5C; IGETC: 5B, 5C	4.00
BIOL 107	General Biology - Lecture and Laboratory CSUGE: B2, B3; Cal-GETC: 5B, 5C; IGETC: 5B, 5C	4.00
BIOL 110	Introduction to Oceanography CSUGE: B2; Cal-GETC: 5B; IGETC: 5B	3.00
BIOL 115	Marine Biology CSUGE: B2, B3; Cal-GETC: 5B, 5C; IGETC: 5B, 5C	4.00
BIOL 120	The Environment of Man CSUGE: E; Cal-GETC: 5B; IGETC: 5B	3.00
BIOL 130	Human Heredity CSUGE: B2; Cal-GETC: 5B; IGETC: 5B	3.00
BIOL 160	Elements of Human Anatomy & Physiology CSUGE: B2, B3	4.00
BIOL 180	Plants and People CSUGE: B2; Cal-GETC: 5B; IGETC: 5B	3.00
BIOL 200	Biological Statistics CSUGE: B4; Cal-GETC: 2; IGETC: 2A	3.00
BIOL 205	General Microbiology CSUGE: B2, B3; Cal-GETC: 5B, 5C; IGETC: 5B, 5C	5.00
BIOL 210A	Introduction to the Biological Sciences I CSUGE: B2, B3; Cal-GETC: 5B, 5C; IGETC: 5B, 5C	4.00
BIOL 210B	Introduction to the Biological Sciences II CSUGE: B2, B3; Cal-GETC: 5B, 5C; IGETC: 5B, 5C	4.00
BIOL 215	Introduction to Zoology CSUGE: B2, B3; Cal-GETC: 5B, 5C; IGETC: 5B, 5C	4.00
BIOL 230	Human Anatomy CSUGE: B2, B3; Cal-GETC: 5B, 5C; IGETC: 5B, 5C	4.00
BIOL 232	Experience in Human Dissection	1.00
BIOL 235	Human Physiology CSUGE: B2, B3; Cal-GETC: 5B, 5C; IGETC: 5B, 5C	4.00
BIOL 250	Introduction to Botany	4.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
CSUGE: B2, B3; Cal-GETC: 5B, 5C; IGETC: 5B, 5C		
BIOL 290	Independent Study	1.00 - 3.00

Black Studies

Course	Title	Semester Units
BLAS 100	Introduction to Black Studies CSUGE: D, F; Cal-GETC: 4, 6; IGETC: 4C, 7	3.00
BLAS 104	Black Psychology CSUGE: D; Cal-GETC: 4; IGETC: 4C	3.00
BLAS 110	African American Art CSUGE: C1; Cal-GETC: 3A; IGETC: 3A	3.00
BLAS 111	Cultural Influences on African Art CSUGE: C1; Cal-GETC: 3A; IGETC: 3A	3.00
BLAS 116	Contemporary Social Problems from a Black Perspective CSUGE: D; Cal-GETC: 4; IGETC: 4C	3.00
BLAS 120	Black Music CSUGE: C1; Cal-GETC: 3A; IGETC: 3A	3.00
BLAS 125	Dynamics of the Black Community CSUGE: D; Cal-GETC: 4; IGETC: 4C, 4J	3.00
BLAS 130	The Black Family CSUGE: D; Cal-GETC: 4; IGETC: 4C	3.00
BLAS 140A	African American History to Reconstruction CSUGE: D, F; CSUAI: US1, US2; Cal-GETC: 4, 6; IGETC: 4, 7	3.00
BLAS 140B	African American History since Reconstruction to the Present CSUGE: D, F; CSUAI: US1, US3; Cal-GETC: 4, 6; IGETC: 4, 7	3.00
BLAS 145A	Introduction to African History CSUGE: C2, D; Cal-GETC: 3B, 4; IGETC: 3B, 4C	3.00
BLAS 145B	Introduction to African History CSUGE: C2, D; Cal-GETC: 3B, 4; IGETC: 3B, 4	3.00
BLAS 150	Black Women in Literature, Film and the Media CSUGE: C2; Cal-GETC: 3B; IGETC: 3B	3.00
BLAS 155	African American Literature CSUGE: C2; Cal-GETC: 3B; IGETC: 3B	3.00
BLAS 165	Sexuality and Black Culture CSUGE: E	3.00
BLAS 175	Psycho-History of Racism and Sexism CSUGE: D; Cal-GETC: 4; IGETC: 4D	3.00
BLAS 290	Independent Study	1.00 - 3.00

Business

Course	Title	Semester Units
BUSE 100	Introduction to Business	3.00
BUSE 101	Business Mathematics CSUGE: B4	3.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
BUSE 115	Statistics for Business CSUGE: B4; Cal-GETC: 2; IGETC: 2A	3.00
BUSE 119	Business Communications	3.00
BUSE 120	Personal Financial Management CSUGE: E	3.00
BUSE 127	Social Media for Business	3.00
BUSE 129	Introduction to Entrepreneurship	3.00
BUSE 140	Business Law and the Legal Environment	3.00
BUSE 150	Human Relations in Business	3.00
BUSE 155	Small Business Management	3.00
BUSE 190	Academic and Career Opportunities in Business	1.00
BUSE 201	Business Organization and Management	3.00
BUSE 203	Principles of Lean Production	3.00
BUSE 210	Human Resources Management	3.00
BUSE 265	Special Topics in Business	3.00
BUSE 270	Business Internship / Work Experience	1.00 - 4.00
BUSE 290	Independent Study	1.00 - 4.00

Chemistry

Course	Title	Semester Units
CHEM 100	Fundamentals of Chemistry CSUGE: B1; Cal-GETC: 5A; IGETC: 5A	3.00
CHEM 100L	Fundamentals of Chemistry Laboratory CSUGE: B3; Cal-GETC: 5C; IGETC: 5C	1.00
CHEM 103	General, Organic, and Biological Chemistry CSUGE: B1, B3; Cal-GETC: 5A, 5C; IGETC: 5A, 5C	5.00
CHEM 111	Chemistry in Society CSUGE: B1; Cal-GETC: 5A; IGETC: 5A	3.00
CHEM 111L	Chemistry in Society Laboratory CSUGE: B3; Cal-GETC: 5C; IGETC: 5C	1.00
CHEM 130	Introduction to Organic and Biological Chemistry CSUGE: B1; Cal-GETC: 5A; IGETC: 5A	3.00
CHEM 130L	Introduction to Organic and Biological Chemistry Laboratory CSUGE: B3; Cal-GETC: 5C; IGETC: 5C	1.00
CHEM 152	Introduction to General Chemistry CSUGE: B1; Cal-GETC: 5A; IGETC: 5A	3.00
CHEM 152L	Introduction to General Chemistry Laboratory CSUGE: B3; Cal-GETC: 5C; IGETC: 5C	1.00
CHEM 160	Introductory Biochemistry CSUGE: B1; Cal-GETC: 5A; IGETC: 5A	3.00
CHEM 200	General Chemistry I - Lecture CSUGE: B1; Cal-GETC: 5A; IGETC: 5A	3.00
CHEM 200L	General Chemistry I - Laboratory	2.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
CSUGE: B3; Cal-GETC: 5C; IGETC: 5C		
CHEM 201	General Chemistry II - Lecture CSUGE: B1; Cal-GETC: 5A; IGETC: 5A	3.00
CHEM 201L	General Chemistry II - Laboratory CSUGE: B3; Cal-GETC: 5C; IGETC: 5C	2.00
CHEM 231	Organic Chemistry I - Lecture CSUGE: B1; Cal-GETC: 5A; IGETC: 5A	3.00
CHEM 231L	Organic Chemistry I Laboratory CSUGE: B3; Cal-GETC: 5C; IGETC: 5C	2.00
CHEM 233	Organic Chemistry II - Lecture CSUGE: B1; Cal-GETC: 5A; IGETC: 5A	3.00
CHEM 233L	Organic Chemistry II Laboratory CSUGE: B3; Cal-GETC: 5C; IGETC: 5C	2.00
CHEM 251	Quantitative Analytical Chemistry CSUGE: B1, B3; Cal-GETC: 5A, 5C; IGETC: 5A, 5C	5.00
CHEM 290	Independent Study	1.00 - 3.00

Chicano Studies

Course	Title	Semester Units
CHIC 110A	Introduction to Chicana and Chicano Studies CSUGE: D, F; Cal-GETC: 4, 6; IGETC: 4C, 7	3.00
CHIC 110B	Introduction to Chicana and Chicano Studies CSUGE: D, F; Cal-GETC: 4, 6; IGETC: 4C, 7	3.00
CHIC 130	Mexican Literature in Translation CSUGE: C2; Cal-GETC: 3B; IGETC: 3B	3.00
CHIC 135	Chicana/o Literature CSUGE: C2; Cal-GETC: 3B; IGETC: 3B	3.00
CHIC 138	Literature of La Raza in Latin America in Translation CSUGE: C2; Cal-GETC: 3B; IGETC: 3B	3.00
CHIC 140	Chicana/o Sociology CSUGE: D; Cal-GETC: 4; IGETC: 4	3.00
CHIC 141A	United States History from a Chicano Perspective CSUGE: D; CSUAI: US1, US2; Cal-GETC: 4; IGETC: 4C, 4F	3.00
CHIC 141B	United States History from a Chicano Perspective CSUGE: D; CSUAI: US1, US3; Cal-GETC: 4; IGETC: 4C, 4F	3.00
CHIC 150	History of Mexico CSUGE: D3, D6; Cal-GETC: 4; IGETC: 4C, 4F	3.00
CHIC 155	Introduction to Central American Studies CSUGE: D; Cal-GETC: 4; IGETC: 4	3.00
CHIC 170	La Chicana CSUGE: D; Cal-GETC: 4; IGETC: 4C, 4D	3.00
CHIC 190	Chicano Images in Film CSUGE: C2; Cal-GETC: 3B; IGETC: 3B	3.00
CHIC 201	The Indigenous Tradition of Mexico and Ancient Mesoamerica CSUGE: D1, D3; Cal-GETC: 4; IGETC: 4A, 4C	3.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
CHIC 210	Chicano Culture CSUGE: C2, D; Cal-GETC: 3B, 4; IGETC: 3B, 4C	3.00
CHIC 230	Chicano Art CSUGE: C1; Cal-GETC: 3A; IGETC: 3A	3.00
CHIC 250	Introduction to Chicano Dramatic Art CSUGE: C1; Cal-GETC: 3A; IGETC: 3A	3.00
CHIC 290	Independent Study	1.00 - 3.00

Child Development

Course	Title	Semester Units
CHIL 101	Human Growth and Development CSUGE: D7, E; Cal-GETC: 4; IGETC: 4G	3.00
CHIL 111	Curriculum: Music and Movement	3.00
CHIL 120	Observation and Assessment in Early Childhood Programs	3.00
CHIL 121	Curriculum: Art	3.00
CHIL 130	Introduction to Curriculum	3.00
CHIL 131	Curriculum: Language/Science	3.00
CHIL 141	The Child, Family and Community CSUGE: D7	3.00
CHIL 150	Teaching in a Diverse Society	3.00
CHIL 151	Program Planning	3.00
CHIL 155	Supervised Field Study Seminar	1.00
CHIL 160	Observation and Assessment of Children	2.00
CHIL 161	Observations and Issues in Child Development	2.00
CHIL 163	Experience in Child Guidance Techniques for Early Childhood Classrooms	3.00
CHIL 165	Children with Special Needs	3.00
CHIL 166	Curriculum for Diverse Learners	3.00
CHIL 175	Infant-Toddler Growth and Development	3.00
CHIL 176	Principles of Infant-Toddler Caregiving	3.00
CHIL 180	Nutrition, Health and Safety for Children	3.00
CHIL 202	Administration of Early Childhood Programs II	3.00
CHIL 210	Supervision of Early Childhood Programs	3.00
CHIL 270	Work Experience	1.00 - 4.00
CHIL 275	Supervised Field Study	1.00 - 3.00
CHIL 290	Independent Study	1.00 - 3.00
CHIL 291A	Child Development Center Practicum	1.00
CHIL 291B	Child Development Center Practicum	1.00
CHIL 291C	Child Development Center Practicum	1.00
CHIL 291D	Child Development Center Practicum	1.00

Chinese

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
CHIN 101	First Course in Mandarin Chinese CSUGE: C2; IGETC: 6A	5.00
CHIN 102	Second Course in Mandarin Chinese CSUGE: C2; Cal-GETC: 3B; IGETC: 3B, 6A	5.00
CHIN 201	Third Course Mandarin Chinese CSUGE: C2; Cal-GETC: 3B; IGETC: 3B, 6A	5.00
CHIN 202	Fourth Course in Mandarin Chinese CSUGE: C2; Cal-GETC: 3B; IGETC: 3B, 6A	5.00
CHIN 210	Conversation and Composition in Chinese I	3.00
CHIN 211	Conversation and Composition in Chinese II	3.00

Communication Studies

Course	Title	Semester Units
Communication Studies		
COMM C1000	Introduction to Public Speaking (Formerly COMS 103 prior to F2025) (Formerly "Oral Communication" prior to F2025) CSUGE: A1; Cal-GETC: 1C; IGETC: 1C	3.00
Communication Studies		
COMS 104	Advanced Public Communication	3.00
COMS 111	Oral Interpretation	3.00
COMS 117A	Intercollegiate Forensics	1.00 - 3.00
COMS 117B	Intercollegiate Forensics	1.00 - 3.00
COMS 117C	Intercollegiate Forensics	1.00 - 3.00
COMS 117D	Intercollegiate Forensics	1.00 - 3.00
COMS 135	Interpersonal Communication CSUGE: A1, D7; Cal-GETC: 4; IGETC: 1C, 4G	3.00
COMS 160	Argumentation and Critical Thinking CSUGE: A3; IGETC: 1C	3.00
COMS 170	Small Group Communication CSUGE: A1; IGETC: 1C	3.00
COMS 180	Intercultural Communication CSUGE: E	3.00
COMS 290	Independent Study	1.00 - 3.00

Computer and Information Sciences

Course	Title	Semester Units
CISC 106	Introduction to Computer Science and Programming	4.00
CISC 150	Introduction to Computer and Information Sciences	3.00
CISC 152	Introduction to the Linux Operating System	4.00
CISC 179	Introduction to Python Programming	4.00
CISC 181	Principles of Information Systems	4.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
CISC 182	Fluency with Information Technology	4.00
CISC 186	Visual Basic Programming	4.00
CISC 187	Data Structures in C++	4.00
CISC 190	Java Programming	4.00
CISC 191	Intermediate Java Programming	4.00
CISC 192	C/C++ Programming	4.00
CISC 193	Microsoft C# Software Engineering I	4.00
CISC 197	Microsoft C# Software Engineering II	4.00
CISC 201	Advanced C++ Programming	4.00
CISC 205	Object Oriented Programming using C++	4.00
CISC 210	System Analysis and Design	3.00
CISC 211	Computer Organization and Assembly Language	4.00
CISC 217	Intermediate Python Programming	4.00
CISC 220	Fundamentals of Computer Game Programming	4.00
CISC 221	Intermediate Computer Game Programming	4.00
CISC 246	Discrete Mathematics for Computer Science CSUGE: B4; Cal-GETC: 2; IGETC: 2A	3.00
CISC 270	Work Experience	1.00 - 4.00
CISC 290	Independent Study	1.00 - 3.00

Computer Business Technology

Course	Title	Semester Units
CBTE 101	Basic Computer Keyboarding	1.00
CBTE 140	Beginning Microsoft Excel	2.00
CBTE 143	Intermediate Microsoft Excel	3.00
CBTE 151	Microsoft Access: Basic	1.00
CBTE 180	Microsoft Office	3.00

Consumer Studies

Course	Title	Semester Units
CONF 110	Personal Financial Management	3.00
CONF 296	Individual Instruction Consumer/Family	1.00

Culinary Arts/Culinary Management

Course	Title	Semester Units
CACM 102	Sanitation	2.00
CACM 103	Organization of Food	1.00
CACM 106	Theory of Food Principles	2.50
CACM 110A	Fundamental Food and Service: Restaurant Operations	2.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
CACM 110B	Fundamental Food and Service: Cooking Techniques	2.00
CACM 122A	Restaurant and Catering Operations	1.50
CACM 122B	The Art of Menu Creation	1.50
CACM 132A	Meat, Seafood & Poultry	1.00
CACM 132B	Seafood Identification & Processing	1.50
CACM 132C	Meat Identification & Processing	1.50
CACM 133A	Menu Preparation Lab	2.00
CACM 133B	Modern Breakfast Service	2.00
CACM 160	Fundamental of Baking Theory	3.00
CACM 202	Contemporary Restaurant Service	2.00
CACM 206A	Garde Manger I	2.00
CACM 206B	Garde Manger II	1.00
CACM 206C	Garde Manger III	1.50
CACM 212	Baking and Pastry	3.00
CACM 214	Advanced Baking	3.00
CACM 215	Advanced Pastry	3.00
CACM 218	Seafood Fabrication- Whole Fish Lab	1.00
CACM 220	Meat Butchery- Whole Animal Lab	1.50
CACM 222	Preservation of Meat Lab	1.50
CACM 270	Work Experience	1.00 - 4.00
CACM 290	Independent Study	1.00 - 3.00

Dance

Course	Title	Semester Units
DANC 112A	Ballet I	1.50
DANC 112B	Ballet II	1.50
DANC 112C	Ballet III	1.50
DANC 112D	Ballet IV	1.50
DANC 117A	Tap Dance I	1.50
DANC 117B	Tap Dance II	1.50
DANC 117C	Tap Dance III	1.50
DANC 117D	Tap Dance IV	1.50
DANC 122A	Hip Hop I	1.50
DANC 122B	Hip Hop II	1.50
DANC 122C	Hip Hop III	1.50
DANC 122D	Hip Hop IV	1.50
DANC 125A	Latin American Dance I	1.00 - 1.50
DANC 125B	Latin American Dance II	1.00 - 1.50
DANC 126A	Belly Dance I	0.50 - 1.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
DANC 126B	Belly Dance II	0.50 - 1.00
DANC 126C	Belly Dance III	0.50 - 1.00
DANC 126D	Belly Dance IV	0.50 - 1.00
DANC 127 CSUGE: E	Movement for Wellness	2.00
DANC 130A	Dance Repertoire	1.00
DANC 137A	Jazz Dance I	1.50
DANC 137B	Jazz Dance II	1.50
DANC 137C	Jazz Dance III	1.50
DANC 137D	Jazz Dance IV	1.50
DANC 142A	Modern Dance I	1.50
DANC 142B	Modern Dance II	1.50
DANC 142C	Modern Dance III	1.50
DANC 142D	Modern Dance IV	1.50
DANC 145A	Ballroom Dance I	1.00 - 1.50
DANC 145B	Ballroom Dance II	1.00 - 1.50
DANC 150A	Dance Making: Ballet	1.00
DANC 151A	Dance Making: Jazz	1.00
DANC 152A	Dance Making: Modern	1.00
DANC 153A	Dance Making: Dance Theatre	1.00
DANC 160A	Pilates - Stretch and Conditioning	1.00 - 1.50
DANC 160B	Pilates - Alignment and Correctives	1.00 - 1.50
DANC 176A	Dance Improvisation	1.50
DANC 176B	Dance Improvisation II	1.50
DANC 181 CSUGE: C1	History of Dance	3.00
DANC 183	Music for Dance	2.00
DANC 253	Choreography	2.00
DANC 261A	Dance Performance I	2.00
DANC 261B	Dance Performance II	2.00
DANC 261C	Dance Performance III	2.00
DANC 261D	Dance Performance IV	2.00
DANC 271A	Stage Costuming for Dance	1.00 - 2.00
DANC 271B	Makeup for Dance Production	1.00 - 2.00
DANC 271C	Lighting Design for Dance Production	1.00 - 2.00
DANC 271D	Sound Design for Dance Production	1.00 - 2.00
DANC 290	Independent Study	1.00 - 3.00

Dental Assisting

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
DENA 118 (Formerly DENA 117 prior to F2025)	Dental Materials	2.50
DENA 118L (Formerly DENA 117L prior to F2025) (Formerly 1.00 unit(s) prior to F2025)	Dental Materials-Lab	0.50
DENA 138 (Formerly DENA 129 prior to F2025)	Dental Radiography I	2.50
DENA 138L (Formerly DENA 129L prior to F2025) (Formerly 0.50 unit(s) prior to F2025)	Dental Radiography Lab	1.00
DENA 139	Dental Radiography II	0.50
DENA 290	Independent Study	1.00 - 3.00

Dramatic Arts

Course	Title	Semester Units
DRAM 100A	Fundamentals of Performance and Production I	4.00
DRAM 100B	Fundamentals of Performance and Production II	4.00
DRAM 103	Acting for Non-Majors	3.00
DRAM 104A	Theatre Company Performance I	1.00 - 2.00
DRAM 104B	Theatre Company Performance II	1.00 - 2.00
DRAM 105 CSUGE: C1; Cal-GETC: 3A; IGETC: 3A	Introduction to Dramatic Arts	3.00
DRAM 106	Voice-Over Performance	3.00
DRAM 107 CSUGE: C1; Cal-GETC: 3A; IGETC: 3A	Study of Filmed Plays	3.00
DRAM 108	Playwriting	3.00
DRAM 109 CSUGE: C1; Cal-GETC: 3A; IGETC: 3A	Theatre and Social Issues	3.00
DRAM 111	Chicana/o Theatre	3.00
DRAM 112	Introduction to Script Analysis	3.00
DRAM 114A	Digital Storytelling I	3.00
DRAM 114B	Digital Storytelling II	3.00
DRAM 118	Intermediate Playwriting	3.00
DRAM 119	Film and Television Performance	3.00
DRAM 123	Beginning Stagecraft	3.00
DRAM 124	Makeup for the Stage	3.00
DRAM 127	Sound For Theatre	2.00
DRAM 128	Stage Lighting Design	3.00
DRAM 129A	Beginning Scene Painting	3.00
DRAM 132	Beginning Acting	3.00
DRAM 133	Intermediate Acting	3.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
DRAM 134	Beginning Voice for Actors	3.00
DRAM 143	Beginning Costuming	3.00
DRAM 150	Cinema as Art and Communication I CSUGE: C1; Cal-GETC: 3A; IGETC: 3A	3.00
DRAM 151	Cinema as Art and Communication II CSUGE: C1; Cal-GETC: 3A; IGETC: 3A	3.00
DRAM 165	Introduction to Stage Movement	3.00
DRAM 200A	Fundamentals of Performance and Production III	4.00
DRAM 200B	Fundamentals of Performance and Production IV	4.00
DRAM 204A	Theatre Company Performance III	1.00 - 2.00
DRAM 204B	Theatre Company Performance IV	1.00 - 2.00
DRAM 205	The American Musical on Stage and Screen CSUGE: C1; Cal-GETC: 3A; IGETC: 3A	3.00
DRAM 235	Literature to Life - A Scene Study Course	2.00
DRAM 244A	Theatre Workshop I	1.00 - 2.00
DRAM 244B	Theatre Workshop II	1.00 - 2.00
DRAM 244C	Theatre Workshop III	1.00 - 2.00
DRAM 244D	Theatre Workshop IV	1.00 - 2.00
DRAM 268	Experimental Theater	1.00 - 3.00
DRAM 290	Independent Study	1.00 - 3.00

Economics

Course	Title	Semester Units
ECON 120	Principles of Macroeconomics CSUGE: D2; Cal-GETC: 4; IGETC: 4B	3.00
ECON 121	Principles of Microeconomics CSUGE: D2; Cal-GETC: 4; IGETC: 4B	3.00
ECON 220	Economics of the Environment CSUGE: D2; Cal-GETC: 4; IGETC: 4B	3.00

Education

Course	Title	Semester Units
EDUC 100	Tutor Training	1.00
EDUC 120	Introduction to Human-Centered Instructional Design in the Age of Artificial Intelligence	2.00
EDUC 122	Needs Assessment in Instructional Design	2.00
EDUC 124	Training Design	2.00
EDUC 126	Measuring Impact in Instructional Design	2.00
EDUC 128	Facilitating Training	2.00
EDUC 130	Inclusive Content Development	2.00
EDUC 132	Instructional Videos	2.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
EDUC 134	E-learning Tools	2.00
EDUC 136	Artificial Intelligence for Instructional Designers	2.00
EDUC 138	Project Management for Instructional Designers	2.00
EDUC 140	Instructional Design Capstone	1.00
EDUC 150	Advanced Tutor Training	1.00
EDUC 200	Teaching as a Profession	2.00
EDUC 203	Field Experience for Prospective Teachers	1.00
EDUC 211	Field Experience in Math and Science	1.00

Engineering

Course	Title	Semester Units
ENGE 101	Introduction to Engineering	1.50
ENGE 116	Computational Methods in Engineering	3.00
ENGE 151	Computer-Aided Design	2.00
ENGE 200	Statics	3.00
ENGE 210	Properties of Materials	3.00
ENGE 211	Properties of Materials - Laboratory	1.00
ENGE 240	Digital Systems	3.00
ENGE 250	Dynamics	3.00
ENGE 260	Electric Circuits	3.00

English

Course	Title	Semester Units
ENGL 105	Composition and Literature CSUGE: A2; Cal-GETC: 1A; IGETC: 1A	3.00
ENGL 202	Introduction to Linguistics CSUGE: D7; Cal-GETC: 4; IGETC: 4G	3.00
ENGL 207	The Art of the Sentence	3.00
ENGL 208	Introduction to Literature CSUGE: C2; Cal-GETC: 3B; IGETC: 3B	3.00
ENGL 209	Literary Approaches to Film CSUGE: C2; Cal-GETC: 3B; IGETC: 3B	3.00
ENGL 210	American Literature I CSUGE: C2; Cal-GETC: 3B; IGETC: 3B	3.00
ENGL 211	American Literature II CSUGE: C2; Cal-GETC: 3B; IGETC: 3B	3.00
ENGL 215	English Literature I: 800-1799 CSUGE: C2; Cal-GETC: 3B; IGETC: 3B	3.00
ENGL 216	English Literature II: 1800 - Present CSUGE: C2; Cal-GETC: 3B; IGETC: 3B	3.00
ENGL 220	Masterpieces of World Literature I: 1500 BCE - 1600 CE	3.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
CSUGE: C2; Cal-GETC: 3B; IGETC: 3B		
ENGL 221	Masterpieces of World Literature II: 1600 - Present	3.00
CSUGE: C2; Cal-GETC: 3B; IGETC: 3B		
ENGL 230	Asian American Literature	3.00
CSUGE: C2; Cal-GETC: 3B; IGETC: 3B		
ENGL 234	Hip Hop Literature: A Poetry Class	3.00
CSUGE: C2; Cal-GETC: 3B; IGETC: 3B		
ENGL 237	Women in Literature	3.00
CSUGE: C2; Cal-GETC: 3B; IGETC: 3B		
ENGL 240	Shakespeare	3.00
CSUGE: C2; Cal-GETC: 3B; IGETC: 3B		
ENGL 245A	Writing Creative Nonfiction	3.00
ENGL 245B	Advanced Creative Nonfiction	3.00
ENGL 247A	Writing Seminar - Poetry	3.00
ENGL 247B	Advanced Writing Seminar - Poetry	3.00
ENGL 249A	Introduction to Creative Writing I	3.00
ENGL 249B	Introduction to Creative Writing II	3.00
ENGL 252A	Fundamentals of Fiction Writing	3.00
ENGL 252B	Intermediate Fiction Writing	3.00
ENGL 290	Independent Study	1.00 - 3.00
ENGL C1000	Academic Reading and Writing (Formerly ENGL 101 prior to F2025) (Formerly "Reading and Composition" prior to F2025)	3.00
CSUGE: A2; Cal-GETC: 1A; IGETC: 1A		
ENGL C1001	Critical Thinking and Writing (Formerly ENGL 205 prior to F2025) (Formerly "Critical Thinking and Intermediate Composition" prior to F2025)	3.00
CSUGE: A3; Cal-GETC: 1B; IGETC: 1B		

English Language Acquisition

Course	Title	Semester Units
ELAC 145	Integrated Reading, Writing, and Grammar III	6.00

Exercise Science

Course	Title	Semester Units
EXSC 110A	Surfing I	0.50 - 1.00
EXSC 110B	Surfing II	0.50 - 1.00
EXSC 110C	Surfing III	0.50 - 1.00
EXSC 110D	Surfing IV	0.50 - 1.00
EXSC 112	Adapted Swimming	0.50 - 1.00
EXSC 113A	Swimming I	0.50 - 1.00
EXSC 113B	Swimming II	0.50 - 1.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
EXSC 113C	Swimming III	0.50 - 1.00
EXSC 113D	Swimming IV	0.50 - 1.00
EXSC 114A	Aquatic Fitness I	0.50 - 1.00
EXSC 114B	Aquatic Fitness II	0.50 - 1.00
EXSC 114C	Aquatic Fitness III	0.50 - 1.00
EXSC 114D	Aquatic Fitness IV	0.50 - 1.00
EXSC 116A	Stand Up Paddle Boarding	1.00
EXSC 116B	Kayaking	1.00
EXSC 118	Lifeguard Training	3.00
EXSC 119	Water Safety Instructor	3.00
EXSC 122A	Cardio Zumba I	1.00
EXSC 122B	Cardio Zumba II	1.00
EXSC 124A	Core and Cardio Fitness I	0.50 - 1.00
EXSC 124B	Core and Cardio Fitness II	0.50 - 1.00
EXSC 124C	Core and Cardio Fitness III	0.50 - 1.00
EXSC 124D	Core and Cardio Fitness IV	0.50 - 1.00
EXSC 125A CSUGE: E	Aerobic Dance I	0.50 - 1.00
EXSC 125B CSUGE: E	Aerobic Dance II	0.50 - 1.00
EXSC 125C CSUGE: E	Aerobic Dance III	0.50 - 1.00
EXSC 125D CSUGE: E	Aerobic Dance IV	0.50 - 1.00
EXSC 126A CSUGE: E	Cardio Conditioning I	0.50 - 1.00
EXSC 126B CSUGE: E	Cardio Conditioning II	0.50 - 1.00
EXSC 126C CSUGE: E	Cardio Conditioning III	0.50 - 1.00
EXSC 126D CSUGE: E	Cardio Conditioning IV	0.50 - 1.00
EXSC 130A	Indoor Cycling I	0.50 - 1.00
EXSC 130B	Indoor Cycling II	0.50 - 1.00
EXSC 130C	Indoor Cycling III	0.50 - 1.00
EXSC 130D	Indoor Cycling IV	0.50 - 1.00
EXSC 134 CSUGE: E	Adapted Weight Training	0.50 - 1.00
EXSC 135A CSUGE: E	Individual Conditioning I	0.50 - 1.00
EXSC 135B CSUGE: E	Individual Conditioning II	0.50 - 1.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
EXSC 135C CSUGE: E	Individual Conditioning III	0.50 - 1.00
EXSC 135D CSUGE: E	Individual Conditioning IV	0.50 - 1.00
EXSC 136A	Off-Season Conditioning for Sport I	0.50 - 1.00
EXSC 136B	Off-Season Conditioning for Sport II	0.50 - 1.00
EXSC 139A	Weight Training I	0.50 - 1.00
EXSC 139B	Weight Training II	0.50 - 1.00
EXSC 139C	Weight Training III	0.50 - 1.00
EXSC 139D	Weight Training IV	0.50 - 1.00
EXSC 140A	Boot Camp I	0.50 - 1.00
EXSC 140B	Boot Camp II	0.50 - 1.00
EXSC 140C	Boot Camp III	0.50 - 1.00
EXSC 140D	Boot Camp IV	0.50 - 1.00
EXSC 141A	Total Body Conditioning I	0.50 - 1.00
EXSC 141B	Total Body Conditioning II	0.50 - 1.00
EXSC 141C	Total Body Conditioning III	0.50 - 1.00
EXSC 145A CSUGE: E	Yoga I - Fundamentals of Yoga	0.50 - 1.00
EXSC 145B CSUGE: E	Yoga II - Beginning Yoga	0.50 - 1.00
EXSC 145C CSUGE: E	Yoga III - Intermediate	0.50 - 1.00
EXSC 145D CSUGE: E	Yoga IV - Advanced Level	0.50 - 1.00
EXSC 147A	Kickboxing I	0.50 - 1.00
EXSC 147B	Kickboxing II	0.50 - 1.00
EXSC 147C	Kickboxing III	0.50 - 1.00
EXSC 147D	Kickboxing IV	0.50 - 1.00
EXSC 148A	Mixed Martial Arts I	0.50 - 1.00
EXSC 148B	Mixed Martial Arts II	0.50 - 1.00
EXSC 148C	Mixed Martial Arts III	0.50 - 1.00
EXSC 148D	Mixed Martial Arts IV	0.50 - 1.00
EXSC 154A	Badminton I	0.50 - 1.00
EXSC 154B	Badminton II	0.50 - 1.00
EXSC 154C	Badminton III	0.50 - 1.00
EXSC 154D	Badminton IV	0.50 - 1.00
EXSC 156A	Baseball I	0.50 - 1.00
EXSC 156B	Baseball II	0.50 - 1.00
EXSC 156C	Baseball III	0.50 - 1.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
EXSC 156D	Baseball IV	0.50 - 1.00
EXSC 158A	Basketball I	0.50 - 1.00
EXSC 158B	Basketball II	0.50 - 1.00
EXSC 158C	Basketball III	0.50 - 1.00
EXSC 158D	Basketball IV	0.50 - 1.00
EXSC 160A	Springboard Diving I	0.50 - 1.00
EXSC 160B	Springboard Diving II	0.50 - 1.00
EXSC 160C	Springboard Diving III	0.50 - 1.00
EXSC 160D	Springboard Diving IV	0.50 - 1.00
EXSC 164A	Football I	0.50 - 1.00
EXSC 164B	Football II	0.50 - 1.00
EXSC 164C	Football III	0.50 - 1.00
EXSC 164D	Football IV	0.50 - 1.00
EXSC 166A	Golf I	0.50 - 1.00
EXSC 166B	Golf II	0.50 - 1.00
EXSC 166C	Golf III	0.50 - 1.00
EXSC 166D	Golf IV	0.50 - 1.00
EXSC 168A	Gymnastics I	0.50 - 1.00
EXSC 168B	Gymnastics II	0.50 - 1.00
EXSC 168C	Gymnastics III	0.50 - 1.00
EXSC 168D	Gymnastics IV	0.50 - 1.00
EXSC 174A	Soccer I	0.50 - 1.00
EXSC 174B	Soccer II	0.50 - 1.00
EXSC 174C	Soccer III	0.50 - 1.00
EXSC 174D	Soccer IV	0.50 - 1.00
EXSC 176A	Softball I	0.50 - 1.00
EXSC 176B	Softball II	0.50 - 1.00
EXSC 176C	Softball III	0.50 - 1.00
EXSC 176D	Softball IV	0.50 - 1.00
EXSC 178A	Tennis I	0.50 - 1.00
EXSC 178B	Tennis II	0.50 - 1.00
EXSC 178C	Tennis III	0.50 - 1.00
EXSC 178D	Tennis IV	0.50 - 1.00
EXSC 179A	Pickleball I	0.50 - 1.00
EXSC 179B	Pickleball II	0.50 - 1.00
EXSC 179C	Pickleball III	0.50 - 1.00
EXSC 179D	Pickleball IV	0.50 - 1.00
EXSC 180A	Track and Field I	0.50 - 1.00
EXSC 180B	Track and Field II	0.50 - 1.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
EXSC 180C	Track and Field III	0.50 - 1.00
EXSC 180D	Track and Field IV	0.50 - 1.00
EXSC 182A	Volleyball I	0.50 - 1.00
EXSC 182B	Volleyball II	0.50 - 1.00
EXSC 182C	Volleyball III	0.50 - 1.00
EXSC 182D	Volleyball IV	0.50 - 1.00
EXSC 183A	Beach Volleyball I	0.50 - 1.00
EXSC 183B	Beach Volleyball II	0.50 - 1.00
EXSC 183C	Beach Volleyball III	0.50 - 1.00
EXSC 183D	Beach Volleyball IV	0.50 - 1.00
EXSC 184A	Water Polo I	0.50 - 1.00
EXSC 184B	Water Polo II	0.50 - 1.00
EXSC 184C	Water Polo III	0.50 - 1.00
EXSC 184D	Water Polo IV	0.50 - 1.00
EXSC 200	Intercollegiate Badminton I	2.00 - 3.50
EXSC 201	Intercollegiate Badminton II	2.00 - 3.50
EXSC 202	Intercollegiate Baseball I	2.00 - 3.50
EXSC 203	Intercollegiate Baseball II	2.00 - 3.50
EXSC 204	Intercollegiate Basketball I	2.00 - 3.50
EXSC 205	Intercollegiate Basketball II	2.00 - 3.50
EXSC 206	Intercollegiate Cross Country I	2.00 - 3.50
EXSC 207	Intercollegiate Cross-Country II	2.00 - 3.50
EXSC 210	Intercollegiate Football I	2.00 - 3.50
EXSC 211	Intercollegiate Football II	2.00 - 3.50
EXSC 214	Intercollegiate Soccer I	2.00 - 3.50
EXSC 215	Intercollegiate Soccer II	2.00 - 3.50
EXSC 216	Intercollegiate Softball I	2.00 - 3.50
EXSC 217	Intercollegiate Softball II	2.00 - 3.50
EXSC 218	Intercollegiate Swimming I	2.00 - 3.50
EXSC 219	Intercollegiate Swimming II	2.00 - 3.50
EXSC 222	Intercollegiate Track & Field I	2.00 - 3.50
EXSC 223	Intercollegiate Track & Field II	2.00 - 3.50
EXSC 224	Intercollegiate Volleyball I	2.00 - 3.50
EXSC 225	Intercollegiate Volleyball II	2.00 - 3.50
EXSC 226	Intercollegiate Water Polo I	2.00 - 3.50
EXSC 227	Intercollegiate Water Polo II	2.00 - 3.50
EXSC 228A	Intercollegiate Beach Volleyball I (Formerly "Intercollegiate Sand Volleyball I" prior to F2025)	2.00 - 3.50
EXSC 228B	Intercollegiate Beach Volleyball II	2.00 - 3.50

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
(Formerly "Intercollegiate Sand Volleyball II" prior to F2025)		
EXSC 230A	Theories and Strategies of Baseball I	2.00
EXSC 230B	Theories and Strategies of Baseball II	2.00
EXSC 231A	Theories and Strategies of Basketball I	2.00
EXSC 231B	Theories and Strategies of Basketball II	2.00
EXSC 232A	Professional Activities/Cross Country I	2.00
EXSC 232B	Professional Activities/Cross Country II	2.00
EXSC 233A	Theories and Strategies of Intercollegiate Football I	2.00
EXSC 233B	Theories and Strategies of Intercollegiate Football II	2.00
EXSC 234A	Theories and Strategies of Soccer I	2.00
EXSC 234B	Theories and Strategies of Soccer II	2.00
EXSC 235A	Theories and Strategies of Softball I	2.00
EXSC 235B	Theories and Strategies of Softball II	2.00
EXSC 236A	Theories and Strategies of Beach Volleyball I	2.00
EXSC 236B	Theories and Strategies of Beach Volleyball II	2.00
EXSC 238A	Theories and Strategies/Track and Field I	2.00
EXSC 238B	Theories and Strategies/Track and Field II	2.00
EXSC 239A	Theories and Strategies of Intercollegiate Volleyball I	2.00
EXSC 239B	Theories and Strategies of Intercollegiate Volleyball II	2.00
EXSC 240	Physical Education in the Elementary Schools	3.00
EXSC 241B	Introduction to Kinesiology	3.00
EXSC 242B	Care and Prevention of Injuries	3.00
EXSC 243A	Theories and Strategies of Water Polo I	2.00
EXSC 243B	Theories and Strategies of Water Polo II	2.00
EXSC 244A	Theories and Strategies of Swimming and Diving I	2.00
EXSC 244B	Theories and Strategies of Swimming and Diving II	2.00
EXSC 270	Exercise Science Internship / Work Experience	1.00 - 4.00
EXSC 280	Applied Exercise Physiology	2.00
EXSC 281	Applied Kinesiology	2.00
EXSC 282	Techniques of Weight Training	2.00
EXSC 283	Exercise and Fitness Assessment	2.00
EXSC 284	Fitness and Sports Nutrition	2.00
EXSC 285	Exercise for Special Populations	2.00
EXSC 286	Techniques of Exercise Leadership	2.00
EXSC 288	Personal Training Professional Preparation	1.00
EXSC 290	Independent Study	1.00 - 3.00
EXSC 294	Health and Wellness Coaching	3.00
EXSC 298	Applications of Health and Wellness Coaching	0.50 - 1.00
EXSC 392A	Special Topics in Sports Theory and Training I	1.00 - 3.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
EXSC 392B	Special Topics in Sports Theory and Training II	1.00 - 3.00

Fashion

Course	Title	Semester Units
FASH 105	Introduction to Fashion	3.00
FASH 108	Analysis, Evaluation and Comparison of Ready-to-Wear Fashion	3.00
FASH 109	Fashion Product Development	3.00
FASH 110	Fashion Buying/Management	3.00
FASH 111	Fashion E-commerce	3.00
FASH 112	Fashion Promotion	3.00
FASH 113	Fashion Event Planning and Production	1.50
FASH 115	Visual Merchandising	3.00
FASH 120	Fashion History and Trends	3.00
	CSUGE: C1	
FASH 121	Ethnic Costume: Overview of History and Design	1.00
FASH 122	Ethnic Costume	3.00
	CSUGE: C1; Cal-GETC: 3A; IGETC: 3A	
FASH 123	Introduction to Costume Development	3.00
FASH 124	Costume Understructures	1.00
FASH 125	Fashion Selection	3.00
FASH 130	Apparel Construction I	3.00
FASH 130L	Apparel Construction I Laboratory	1.00
FASH 131	Apparel Construction II	3.00
FASH 131L	Apparel Construction II Laboratory	1.00
FASH 135	Tailoring	3.00
FASH 140	Clothing Design and Flat Pattern I	3.00
FASH 141	Clothing Design and Flat Pattern II	3.00
FASH 142	Fashion Illustration & Technical Sketching	3.00
FASH 143	Advanced Fashion Illustration and Technical Sketching	1.50
FASH 145	Clothing Design Through Draping	3.00
FASH 145L	Clothing Design Through Draping Laboratory	1.00
FASH 147	Stretch Knits: Design and Construction	1.00
FASH 150	Advanced Fashion Design	3.00
FASH 155	Fashion Field Studies	1.00 - 4.00
FASH 156	International Fashion Field Studies: Overview	1.00 - 4.00
FASH 157	International Field Studies: Focused Study	1.00 - 4.00
FASH 158	Fashion Field Studies: Trade Shows/Markets	1.00 - 4.00
FASH 160	Millinery Techniques	1.00
FASH 161	Millinery Flat Pattern Design	1.00
FASH 162	Millinery Blocking	1.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
FASH 166	Fitting Techniques and Alterations	3.00
FASH 168	Textiles	3.00
FASH 169	Textile Design Practicum	3.00
FASH 170	Textile Design	1.00
FASH 171	Computer Flat Pattern Design I	3.00
FASH 172	Computer Flat Pattern Design II	3.00
FASH 173	Fashion Marketing on the Internet	1.00
FASH 175	Computer Fashion Design: Adobe Photoshop	3.00
FASH 176	Computer Fashion Design: Adobe Illustrator	3.00
FASH 178	Computer Publishing and Portfolio	3.00
FASH 179	Fashion Photo Styling	3.00
FASH 190	Fashion Entrepreneurship	3.00
FASH 270	Work Experience	1.00 - 4.00
FASH 290	Independent Study	1.00 - 3.00

Fermentation

Course	Title	Semester Units
FERM 101	Introduction to Yeast and Fermentation	3.00
FERM 110	Importing and Distribution	3.00
FERM 120	Fundamentals of Spirits	2.00
FERM 130	Flavor and Form	2.00
FERM 140	Beer Production Laboratory	4.00

Filipino Studies

Course	Title	Semester Units
FILI 100	Filipino American Experience CSUGE: D, F; Cal-GETC: 4; IGETC: 4, 7	3.00

French

Course	Title	Semester Units
FREN 101	First Course in French CSUGE: C2; IGETC: 6A	5.00
FREN 102	Second Course in French CSUGE: C2; Cal-GETC: 3B; IGETC: 3B, 6A	5.00
FREN 201	Third Course in French CSUGE: C2; Cal-GETC: 3B; IGETC: 3B, 6A	5.00
FREN 202	Fourth Course in French CSUGE: C2; Cal-GETC: 3B; IGETC: 3B, 6A	5.00
FREN 210	Conversation and Composition in French I	3.00
FREN 211	Conversation and Composition French II	3.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
FREN 290	Independent Study	1.00 - 3.00

Geographic Information Systems

Course	Title	Semester Units
GISG 104	Geographic Information Science and Spatial Reasoning	3.00
GISG 110	Introduction to Mapping and Geographic Information Systems	3.00
GISG 111	Geographic Information Systems and Cartography	3.00
GISG 112	Spatial Analysis with Geographic Information Systems	3.00
GISG 113	Advanced Geographic Information Systems Applications	3.00
GISG 114	Spatial Databases in Geographic Information Systems	3.00
GISG 130	Introduction to Remote Sensing	3.00
GISG 131	Introduction to Digital Image Processing	3.00
GISG 270	Geographic Information Systems Work Experience	1.00 - 4.00

Geography

Course	Title	Semester Units
GEOG 101	Physical Geography CSUGE: B1; Cal-GETC: 5A; IGETC: 5A	3.00
GEOG 101L	Physical Geography Laboratory CSUGE: B3; Cal-GETC: 5C; IGETC: 5C	1.00
GEOG 102	Cultural Geography CSUGE: D5; Cal-GETC: 4; IGETC: 4E	3.00
GEOG 104	World Regional Geography CSUGE: D5; Cal-GETC: 4; IGETC: 4E	3.00
GEOG 154	Introduction to Urban Geography CSUGE: D5; Cal-GETC: 4; IGETC: 4E	3.00
GEOG 175	Sustainable Places and Practices	3.00
GEOG 205	Critical Thinking and Writing in Geography Cal-GETC: 1B	3.00
GEOG 290	Independent Study	1.00 - 3.00

Geology

Course	Title	Semester Units
GEOL 100	Physical Geology CSUGE: B1; Cal-GETC: 5A; IGETC: 5A	3.00
GEOL 101	Physical Geology Laboratory CSUGE: B3; Cal-GETC: 5C; IGETC: 5C	1.00
GEOL 104	Earth Science CSUGE: B1; Cal-GETC: 5A; IGETC: 5A	3.00
GEOL 111	Dinosaurs, Mass Extinctions, and Earth History CSUGE: B1, B3; Cal-GETC: 5A, 5C; IGETC: 5A, 5C	4.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
GEOL 120	Earth Science Laboratory CSUGE: B3; Cal-GETC: 5C; IGETC: 5C	1.00
GEOL 130	Field Geology of San Diego County CSUGE: B1, B3; Cal-GETC: 5A, 5C; IGETC: 5A, 5C	4.00
GEOL 290	Independent Study	1.00 - 3.00

German

Course	Title	Semester Units
GERM 101	First Course in German CSUGE: C2; IGETC: 6A	5.00
GERM 102	Second Course in German CSUGE: C2; Cal-GETC: 3B; IGETC: 3B, 6A	5.00
GERM 201	Third Course in German CSUGE: C2; Cal-GETC: 3B; IGETC: 3B, 6A	5.00
GERM 290	Independent Study	1.00 - 3.00

Health Education

Course	Title	Semester Units
HEAL 101	Health and Lifestyle CSUGE: E	3.00
HEAL 103	Introduction to Public Health CSUGE: D, E; Cal-GETC: 4; IGETC: 4	3.00
HEAL 104	Public Health and Social Justice CSUGE: D, E; Cal-GETC: 4; IGETC: 4	3.00
HEAL 107	Lifestyle Medicine for Health and Wellness CSUGE: E	3.00
HEAL 131	Emergency Medical Response	3.00
HEAL 195	Health Education For Teachers	2.00
HEAL 290	Independent Study	1.00 - 3.00

Health Information Technology

Course	Title	Semester Units
HEIT 110	Introduction to Health Information	4.00
HEIT 130	Basic Pharmacology	1.00
HEIT 136	Introduction to Health Information Systems	3.00
HEIT 140	Fundamentals of Law for Health Information	3.00
HEIT 155	Current Procedural Terminology (CPT) Coding	3.00
HEIT 214	ICD Coding I	3.00
HEIT 215	ICD Coding II	3.00
HEIT 220	Principles of Leadership	2.00
HEIT 225	Introduction to Revenue Cycle	3.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
HEIT 256 CSUGE: B4	Statistics for Healthcare	3.00
HEIT 258	Healthcare Quality Management	3.00
HEIT 266	Directed Clinical Practice	2.50

History

Course	Title	Semester Units
HIST 100 CSUGE: C2, D6; Cal-GETC: 3B, 4; IGETC: 3B, 4F	World History I	3.00
HIST 101 CSUGE: C2, D6; Cal-GETC: 3B, 4; IGETC: 3B, 4F	World History II	3.00
HIST 105 CSUGE: C2, D6; Cal-GETC: 3B, 4; IGETC: 3B, 4F	Introduction to Western Civilization I	3.00
HIST 106 CSUGE: C2, D6; Cal-GETC: 3B, 4; IGETC: 3B, 4F	Introduction to Western Civilization II	3.00
HIST 109 CSUGE: D6; CSUAI: US1, US2; Cal-GETC: 4; IGETC: 4F	History of the United States I	3.00
HIST 110 CSUGE: D6; CSUAI: US1, US3; Cal-GETC: 4; IGETC: 4F	History of the United States II	3.00
HIST 115A CSUGE: D6; CSUAI: US1, US2; Cal-GETC: 4; IGETC: 4F	History of the Americas I	3.00
HIST 115B CSUGE: D6; CSUAI: US1, US3; Cal-GETC: 4; IGETC: 4F	History of the Americas II	3.00
HIST 120 CSUGE: C2, D6; Cal-GETC: 3B, 4; IGETC: 3B, 4F	Introduction to Asian Civilizations	3.00
HIST 121 CSUGE: C2, D6; Cal-GETC: 3B, 4; IGETC: 3B, 4F	Asian Civilization in Modern Times	3.00
HIST 123 CSUGE: D3, D6; CSUAI: US1; Cal-GETC: 4; IGETC: 4F	United States History from the Asian Pacific American Perspective	3.00
HIST 130 CSUGE: D6; Cal-GETC: 4; IGETC: 4F	The Modern Middle East	3.00
HIST 131 CSUGE: C2, D6; Cal-GETC: 3B, 4; IGETC: 3B, 4F	Latin America Before Independence	3.00
HIST 132 CSUGE: C2, D6; Cal-GETC: 3B, 4; IGETC: 3B, 4F	Latin America Since Independence	3.00
HIST 135 CSUGE: D; Cal-GETC: 4; IGETC: 4	History of Technology	3.00
HIST 141 CSUGE: D4, D6; CSUAI: US1, US2; Cal-GETC: 4; IGETC: 4D, 4F	Women in United States History I	3.00
HIST 142 CSUGE: D4, D6; CSUAI: US1, US3; Cal-GETC: 4; IGETC: 4D, 4F	Women in United States History II	3.00
HIST 150 CSUGE: D3, D6; CSUAI: US1, US2; Cal-GETC: 4; IGETC: 4C, 4F	Native Americans in United States History I	3.00
HIST 151	Native Americans in United States History II	3.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
CSUGE: D3, D6; CSUAI: US1, US3; Cal-GETC: 4; IGETC: 4C, 4F		
HIST 154	Ancient Egypt	3.00
CSUGE: C2, D6; Cal-GETC: 4; IGETC: 4		
HIST 175	California History	3.00
CSUGE: D6; CSUAI: US3; Cal-GETC: 4; IGETC: 4F		
HIST 205	Methodology and Practice in History	3.00
CSUGE: A3; Cal-GETC: 1B; IGETC: 1B		
HIST 290	Independent Study	1.00 - 3.00

Hospitality

Course	Title	Semester Units
HOSP 101	Introduction to Hospitality & Tourism	3.00
HOSP 102	Hospitality Accounting	3.00
HOSP 111	Food and Beverage Management	3.00
HOSP 112	Lodging and Resort Management & Operations	3.00
HOSP 115	Strategic Leadership in Hospitality	3.00
HOSP 121	Sales, Marketing and Brand Management	3.00
HOSP 130	Hospitality Law	3.00
HOSP 162	Event Management	3.00
HOSP 166	Operations Management and Consulting (Formerly "Special Event Management and Consulting" prior to F2025)	3.00
HOSP 185	Sustainable Facilities Management	2.00
HOSP 190	Hospitality Capstone	2.00
HOSP 270	Work Experience	1.00 - 4.00
HOSP 290	Independent Study	1.00 - 3.00

Humanities

Course	Title	Semester Units
HUMA 101	Introduction to the Humanities I	3.00
CSUGE: C2; Cal-GETC: 3B; IGETC: 3B		
HUMA 102	Introduction to the Humanities II	3.00
CSUGE: C2; Cal-GETC: 3B; IGETC: 3B		
HUMA 103	Introduction to the New Testament	3.00
CSUGE: C2; Cal-GETC: 3B; IGETC: 3B		
HUMA 104	Introduction to the Old Testament	3.00
CSUGE: C2; Cal-GETC: 3B; IGETC: 3B		
HUMA 106	World Religions	3.00
CSUGE: C2; Cal-GETC: 3B; IGETC: 3B		
HUMA 118	Eastern Humanities	3.00
CSUGE: C2; Cal-GETC: 3B; IGETC: 3B		
HUMA 119	Western Humanities	3.00
CSUGE: C2; Cal-GETC: 3B; IGETC: 3B		

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
HUMA 201	Mythology CSUGE: C2; Cal-GETC: 3B; IGETC: 3B	3.00
HUMA 205	Exploring Human Values through Film CSUGE: C2; Cal-GETC: 3B; IGETC: 3B	3.00
HUMA 210	Women in Religion and Myth CSUGE: C2; Cal-GETC: 3B; IGETC: 3B	3.00

Interior Design

Course	Title	Semester Units
INTE 101	Introduction to Interior Design	3.00
INTE 105	Residential Design	3.00
INTE 110	Materials and Resources	3.00
INTE 112A	Visual Communication I	3.00
INTE 112B	Elements and Principles of Interior Design	3.00
INTE 115	Elements and Principles of Interior Design	3.00
INTE 120	Revit for Interiors	3.00
INTE 125	History of Furniture and Interiors CSUGE: C1	3.00
INTE 130	Interior Design Professional Practice	3.00
INTE 135	AutoCAD for Interiors	3.00
INTE 145	Interior Building Systems and Codes	3.00
INTE 200	Kitchen and Bath Design	3.00
INTE 205	Non-Residential Space Planning	3.00
INTE 210	Presentation and Color Rendering	3.00
INTE 215	Environmental Lighting Design	3.00
INTE 270	Work Experience	1.00 - 4.00
INTE 290	Independent Study	1.00 - 3.00

Italian

Course	Title	Semester Units
ITAL 101	First Course in Italian CSUGE: C2; IGETC: 6A	5.00
ITAL 102	Second Course in Italian CSUGE: C2; Cal-GETC: 3B; IGETC: 3B, 6A	5.00
ITAL 201	Third Course in Italian CSUGE: C2; Cal-GETC: 3B; IGETC: 3B, 6A	5.00

Japanese

Course	Title	Semester Units
JAPN 101	First Course in Japanese CSUGE: C2; IGETC: 6A	5.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
JAPN 102	Second Course in Japanese CSUGE: C2; Cal-GETC: 3B; IGETC: 3B, 6A	5.00
JAPN 201	Third Course in Japanese CSUGE: C2; Cal-GETC: 3B; IGETC: 3B, 6A	5.00
JAPN 202	Fourth Course in Japanese CSUGE: C2; Cal-GETC: 3B; IGETC: 3B, 6A	5.00
JAPN 210	Conversation and Composition in Japanese I	3.00
JAPN 211	Conversation and Composition in Japanese II	3.00

Journalism

Course	Title	Semester Units
JOUR 200	Introduction to News Writing and Reporting	3.00
JOUR 202	Introduction to Mass Communication CSUGE: D7; Cal-GETC: 4; IGETC: 4G	3.00
JOUR 204	Social Media in the Digital Age	3.00
JOUR 206	Online Journalism	3.00
JOUR 210A	Newspaper Production I	2.00 - 3.00
JOUR 210B	Newspaper Production 2	2.00 - 3.00
JOUR 210C	Newspaper Production 3	2.00 - 3.00
JOUR 210D	Newspaper Production 4	2.00 - 3.00
JOUR 220	Principles of Public Relations	3.00

Library Science

Course	Title	Semester Units
LIBS 101	Information Literacy and Research Skills	1.00

Marketing

Course	Title	Semester Units
MARK 100	Principles of Marketing	3.00
MARK 105	Professional Selling	3.00
MARK 110	Principles of Retailing	3.00
MARK 130	Advertising Principles	3.00

Mathematics

Course	Title	Semester Units
MATH 104	Trigonometry CSUGE: B4	3.00
MATH 111	Introduction to Data Science I	3.00
MATH 116	College and Matrix Algebra CSUGE: B4; Cal-GETC: 2; IGETC: 2A	3.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
MATH 118 CSUGE: B4	Math for the Liberal Arts Student	3.00
MATH 121 CSUGE: B4; Cal-GETC: 2; IGETC: 2A	Basic Techniques of Applied Calculus I	3.00
MATH 122 CSUGE: B4; Cal-GETC: 2; IGETC: 2A	Basic Techniques of Calculus II	3.00
MATH 141 CSUGE: B4; Cal-GETC: 2; IGETC: 2A	Precalculus	5.00
MATH 150 CSUGE: B4; Cal-GETC: 2; IGETC: 2A	Calculus with Analytic Geometry I	5.00
MATH 150L	Calculus I Laboratory	1.00
MATH 151 CSUGE: B4; Cal-GETC: 2; IGETC: 2A	Calculus with Analytic Geometry II	4.00
MATH 210A CSUGE: B4	Concepts of Elementary School Mathematics I	3.00
MATH 210B CSUGE: B4	Concepts of Elementary School Mathematics II	3.00
MATH 212	Children's Mathematical Thinking	1.00
MATH 245 CSUGE: B4; Cal-GETC: 2; IGETC: 2A	Discrete Mathematics	3.00
MATH 252 CSUGE: B4; Cal-GETC: 2; IGETC: 2A	Calculus with Analytic Geometry III	4.00
MATH 254 CSUGE: B4; Cal-GETC: 2; IGETC: 2A	Introduction to Linear Algebra	3.00
MATH 255 CSUGE: B4; Cal-GETC: 2; IGETC: 2A	Differential Equations	3.00
MATH 265	Special Topics in Mathematics	1.00

Medical Assisting

Course	Title	Semester Units
MEDA 110	Medical Terminology	3.00
MEDA 115	Pathophysiology	3.00

Multimedia

Course	Title	Semester Units
MULT 100	Introduction to Visual Communication	3.00
MULT 120	Introduction to Video Game Design	3.00
MULT 121	Intermediate Visual Communication	3.00
MULT 122	Advanced Visual Communication	3.00
MULT 123	Digital Video I	3.00
MULT 124	Digital Video II	3.00
MULT 148	Business of Games	3.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
MULT 150	Beginning Unity Game Development	3.00
MULT 152	Intermediate Unity Game Development	3.00
MULT 154	Advanced Unity Game Development	3.00
MULT 160	Beginning Unreal Engine	3.00
MULT 162	Intermediate Unreal Engine	3.00
MULT 164	Advanced Unreal Engine	3.00
MULT 201	Introduction to 3D Graphics	3.00
MULT 211	3D Modeling	3.00
MULT 213	Texturing and Lighting	3.00
MULT 215	3D Character Design and Development	3.00
MULT 217	3D Studio Pre-Production	3.00
MULT 290	Independent Study	1.00 - 3.00

Music

Course	Title	Semester Units
MUSI 100	Introduction to Music CSUGE: C1; Cal-GETC: 3A; IGETC: 3A	3.00
MUSI 103	History of Rock Music CSUGE: C1; Cal-GETC: 3A; IGETC: 3A	3.00
MUSI 108	The Business of Music	3.00
MUSI 109	World Music CSUGE: C1; Cal-GETC: 3A; IGETC: 3A	3.00
MUSI 110	Music for Elementary School Teachers	3.00
MUSI 111	Jazz History CSUGE: C1; Cal-GETC: 3A; IGETC: 3A	3.00
MUSI 114	Music of the Beatles CSUGE: C1; Cal-GETC: 3A; IGETC: 3A	3.00
MUSI 117	Music in the United States CSUGE: C1; Cal-GETC: 3A; IGETC: 3A	3.00
MUSI 118	Asian & Pacific Music CSUGE: C1; Cal-GETC: 3A; IGETC: 3A	3.00
MUSI 119	Music in Latin America & North America CSUGE: C1; Cal-GETC: 3A; IGETC: 3A	3.00
MUSI 123A	Recital Hour I	0.50
MUSI 123B	Recital Hour II	0.50
MUSI 123C	Recital Hour III	0.50
MUSI 123D	Recital Hour IV	0.50
MUSI 124A	Piano Class I	1.00
MUSI 124B	Piano Class II	1.00
MUSI 125	Music, the Arts and Society CSUGE: C1; Cal-GETC: 3A; IGETC: 3A	3.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
MUSI 126	Rap Music and Hip Hop Culture CSUGE: C1; Cal-GETC: 3A; IGETC: 3A	3.00
MUSI 131	Music of California CSUGE: C1; Cal-GETC: 3A; IGETC: 3A	3.00
MUSI 134A	Voice Class I	1.00
MUSI 134B	Voice Class II	1.00
MUSI 134C	Voice Class III	1.00
MUSI 134D	Voice Class IV	1.00
MUSI 136A	Guitar Class I	1.00
MUSI 136B	Guitar Class II	1.00
MUSI 138	Women in Music CSUGE: C1; Cal-GETC: 3A; IGETC: 3A	3.00
MUSI 139	Music and Social Media	1.00
MUSI 148A	Music Theory I	3.00
MUSI 148B	Music Theory II	3.00
MUSI 150A	Basic Musicianship	3.00
MUSI 174A	Individualized Study I	1.00
MUSI 174B	Individualized Study II	1.00
MUSI 174C	Individualized Study III	1.00
MUSI 174D	Individualized Study IV	1.00
MUSI 190	Introduction to Music Technology	3.00
MUSI 201	Recording Arts	3.00
MUSI 202	Computer Music	3.00
MUSI 203	Large Console Audio Recording	3.00
MUSI 206A	Projects in Composition I	3.00
MUSI 206B	Projects in Composition II	3.00
MUSI 206C	Projects in Composition III	3.00
MUSI 206D	Projects in Composition IV	3.00
MUSI 209A	Recording Studio Internship I	1.00
MUSI 209B	Recording Studio Internship II	1.00
MUSI 224A	Piano Class III	1.00
MUSI 230A	Jazz Improvisation I	1.00
MUSI 230B	Jazz Improvisation II	1.00
MUSI 230C	Jazz Improvisation III	1.00
MUSI 230D	Jazz Improvisation IV	1.00
MUSI 248A	Music Theory III	3.00
MUSI 257A	Guitar Ensemble I	1.00
MUSI 257B	Guitar Ensemble II	1.00
MUSI 257C	Guitar Ensemble III	1.00
MUSI 257D	Guitar Ensemble IV	1.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
MUSI 259A	Choir I	1.00
MUSI 259B	Choir II	1.00
MUSI 259C	Choir III	1.00
MUSI 259D	Choir IV	1.00
MUSI 261A	World Music Ensemble I	1.00
MUSI 261B	World Music Ensemble II	1.00
MUSI 261C	World Music Ensemble III	1.00
MUSI 261D	World Music Ensemble IV	1.00
MUSI 262A	Jazz Big Band I	1.00
MUSI 262B	Jazz Big Band II	1.00
MUSI 262C	Jazz Big Band III	1.00
MUSI 262D	Jazz Big Band IV	1.00
MUSI 264A	Jazz Ensemble I	1.00
MUSI 264B	Jazz Ensemble II	1.00
MUSI 264C	Jazz Ensemble III	1.00
MUSI 264D	Jazz Ensemble IV	1.00
MUSI 268A	Ear Training I	1.00
MUSI 268B	Ear Training II	1.00
MUSI 269A	Ear Training III	1.00
MUSI 274A	Applied Music I	1.00
MUSI 274B	Applied Music II	1.00
MUSI 274C	Applied Music III	1.00
MUSI 274D	Applied Music IV	1.00
MUSI 290	Independent Study	1.00 - 3.00

Native American and Indigenous Studies

Course	Title	Semester Units
NAIS 100 Cal-GETC: 4	Introduction to Native American and Indigenous Studies	3.00
NAIS 150	Introduction to Federal Indian Law	3.00
NAIS 200 Cal-GETC: 3B	American Indian Spirituality	3.00
NAIS 220	Native Americans and Environmental Issues	3.00
NAIS 240	Native American Educational Issues	3.00
NAIS 260	Native American Language Preservation and Revitalization	3.00

Neurodiagnostic Technology

Course	Title	Semester Units
NDTE 101	Basic Electroencephalography	5.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
NDTE 121	Neurodiagnostic Lab Practice	0.50
NDTE 131	Advanced Electroencephalography	4.00
NDTE 133	Introduction to Neuroanatomy and Neurophysiology	3.00
NDTE 135	EEG Record Review	2.50
NDTE 140	Directed Clinical Practice I	2.00
NDTE 150	Directed Clinical Practice II	2.00
NDTE 201	Evoked Potentials	4.00
NDTE 203	Neurologic Disorders	3.00
NDTE 206	Introduction to Transcranial Doppler	1.00
NDTE 209	Introduction to Nerve Conduction Velocity	1.00
NDTE 220	Polysomnography Basics	1.00
NDTE 223	Introduction to Intraoperative Monitoring	2.00
NDTE 226	Microcomputer Applications in Neurodiagnostics	2.00
NDTE 250	Directed Clinical Practice III	3.00
NDTE 260	Directed Clinical Practice IV	3.00

Nutrition

Course	Title	Semester Units
NUTR 150	Nutrition Science and Global Food Issues (Formerly "Nutrition" prior to F2025) CSUGE: E	3.00
NUTR 153	Cultural Foods CSUGE: D7, E; Cal-GETC: 4; IGETC: 4G	3.00
NUTR 155	Advanced Nutrition	3.00
NUTR 160	Foods for Healthy Lifestyles	3.00
NUTR 170	Nutrition and Fitness	3.00
NUTR 180	Nutrition and Diet Therapy	3.00
NUTR 270	Work Experience	1.00 - 4.00

Oceanography

Course	Title	Semester Units
OCEA 101	The Oceans CSUGE: B1; Cal-GETC: 5A; IGETC: 5A	3.00

Personal Growth

Course	Title	Semester Units
PERG 110	Introduction to College	1.50
PERG 120	College Success and Lifelong Learning CSUGE: E	3.00
PERG 130	Career - Life Planning	3.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
CSUGE: E		
PERG 140 CSUGE: E	Life Skills and Personal Adjustment	1.00 - 3.00
PERG 160 CSUGE: E	Stress Management & Well-Being in the Modern World	3.00

Philosophy

Course	Title	Semester Units
PHIL 100 CSUGE: A3	Logic and Critical Thinking	3.00
PHIL 101	Symbolic Logic	3.00
PHIL 102A CSUGE: C2; Cal-GETC: 3B; IGETC: 3B	Introduction to Philosophy: Reality and Knowledge	3.00
PHIL 102B CSUGE: C2; Cal-GETC: 3B; IGETC: 3B	Introduction to Philosophy: Values	3.00
PHIL 103 CSUGE: A3, C2; Cal-GETC: 3B; IGETC: 3B	Historical Introduction to Philosophy	3.00
PHIL 104A CSUGE: C2; Cal-GETC: 3B; IGETC: 3B	History Of Western Philosophy: Ancient to Medieval	3.00
PHIL 104B CSUGE: C2; Cal-GETC: 3B; IGETC: 3B	History of Western Philosophy: Modern to Contemporary	3.00
PHIL 105 CSUGE: C2; Cal-GETC: 3B; IGETC: 3B	Contemporary Philosophy	3.00
PHIL 106 CSUGE: C2; Cal-GETC: 3B; IGETC: 3B	Asian Philosophy	3.00
PHIL 107 CSUGE: C2; Cal-GETC: 3B; IGETC: 3B	Reflections on Human Nature	3.00
PHIL 108 CSUGE: C2; Cal-GETC: 3B; IGETC: 3B	Perspectives on Human Nature and Society	3.00
PHIL 109 CSUGE: D7; Cal-GETC: 4; IGETC: 4J	Issues in Social Philosophy	3.00
PHIL 110 CSUGE: C2; Cal-GETC: 3B; IGETC: 3B	Philosophy of Religion	3.00
PHIL 111 CSUGE: C2; Cal-GETC: 3B; IGETC: 3B	Philosophy In Literature and Other Fiction	3.00
PHIL 112 CSUGE: C2; Cal-GETC: 3B; IGETC: 3B	Philosophy of Science	3.00
PHIL 125 CSUGE: C2; Cal-GETC: 3B; IGETC: 3B	Philosophy of Women	3.00
PHIL 126 CSUGE: C2, D4; Cal-GETC: 3B, 4; IGETC: 3B, 4D	Philosophy of Contemporary Gender Issues (Formerly "Introduction to Philosophy of Contemporary Gender Issues" prior to F2025)	3.00
PHIL 130 CSUGE: C2; Cal-GETC: 3B; IGETC: 3B	Philosophy of Art and Music	3.00
PHIL 131	Environmental Ethics	3.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
CSUGE: C2; Cal-GETC: 3B; IGETC: 3B		
PHIL 205	Critical Thinking and Writing in Philosophy	3.00
CSUGE: A3; Cal-GETC: 1B; IGETC: 1B		
PHIL 290	Independent Study	1.00 - 3.00

Physical Science

Course	Title	Semester Units
PHYN 100	Survey of Physical Science	3.00
CSUGE: B1; Cal-GETC: 5A; IGETC: 5A		
PHYN 101	Survey of Physical Science Laboratory	1.00
CSUGE: B3; Cal-GETC: 5C; IGETC: 5C		
PHYN 105	Physical Science for Elementary Education	3.00
CSUGE: B1; Cal-GETC: 5A; IGETC: 5A		
PHYN 114	Weather and Climate	3.00
CSUGE: B1; Cal-GETC: 5A; IGETC: 5A		
PHYN 290	Independent Study	1.00

Physical Therapist Assistant

Course	Title	Semester Units
PHYR 210	Introduction to Physical Therapy	2.00
PHYR 215	Documentation Skills	1.00
PHYR 220	Growth, Development, and Aging	3.00
PHYR 225	Acute Care Techniques	2.00
PHYR 225L	Acute Care Techniques Lab	2.00
PHYR 230	Introduction to Human Movement	3.00
PHYR 240	Introduction to Pathology	3.00
PHYR 250	Introduction to Therapeutic Exercise	2.00
PHYR 260	Topics in Neurology and Rehabilitation	2.00
PHYR 260L	Topics in Neurology and Rehabilitation Lab	2.00
PHYR 263	Patient Management	1.00
PHYR 264	Therapeutic Modalities	1.50
PHYR 264L	Therapeutic Modalities Lab	1.50
PHYR 276	Orthopedic Exercise and Rehabilitation	3.50
PHYR 276L	Orthopedic Exercise and Rehabilitation Lab	2.00
PHYR 280	Organization of Physical Therapy	2.00
PHYR 291	Directed Clinical Practice I	3.00
PHYR 295	Directed Clinical Practice II	5.00
PHYR 298	Directed Clinical Practice III	5.00

Physics

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
PHYS 100	Introductory Physics CSUGE: B1, B3; Cal-GETC: 5A, 5C; IGETC: 5A, 5C	4.00
PHYS 125	General Physics CSUGE: B1, B3; Cal-GETC: 5A, 5C; IGETC: 5A, 5C	5.00
PHYS 126	General Physics II CSUGE: B1, B3; Cal-GETC: 5A, 5C; IGETC: 5A, 5C	5.00
PHYS 180A	General Physics I CSUGE: B1; Cal-GETC: 5A; IGETC: 5A	4.00
PHYS 180B	General Physics II CSUGE: B1; Cal-GETC: 5A; IGETC: 5A	4.00
PHYS 181A	General Physics Laboratory I CSUGE: B3; Cal-GETC: 5C; IGETC: 5C	1.00
PHYS 181B	General Physics Laboratory II CSUGE: B3; Cal-GETC: 5C; IGETC: 5C	1.00
PHYS 195	Mechanics CSUGE: B1, B3; Cal-GETC: 5A, 5C; IGETC: 5A, 5C	5.00
PHYS 196	Electricity and Magnetism CSUGE: B1, B3; Cal-GETC: 5A, 5C; IGETC: 5A, 5C	5.00
PHYS 197	Waves, Optics and Modern Physics CSUGE: B1, B3; Cal-GETC: 5A, 5C; IGETC: 5A, 5C	5.00
PHYS 290	Independent Study	1.00 - 3.00

Political Science

Course	Title	Semester Units
Political Science		
POLI 101	Introduction to Political Science CSUGE: D8; Cal-GETC: 4; IGETC: 4H	3.00
POLI 103	Comparative Politics CSUGE: D8; Cal-GETC: 4; IGETC: 4H	3.00
POLI 121	American Political Development CSUGE: D; CSUAI: US1, US2; Cal-GETC: 4; IGETC: 4	3.00
POLI 123	Gender and Politics CSUGE: D; Cal-GETC: 4; IGETC: 4	3.00
POLI 124	Power and Justice: An Introduction to Political Theory CSUGE: D; Cal-GETC: 4; IGETC: 4	3.00
POLI 140	Contemporary International Politics CSUGE: D8; Cal-GETC: 4; IGETC: 4H	3.00
POLI 201	Elementary Statistics for Political Science CSUGE: B4; Cal-GETC: 2; IGETC: 2A	3.00
POLI 290	Independent Study	1.00 - 3.00
Political Science		
POLS C1000	American Government and Politics (Formerly POLI 102 prior to F2025) (Formerly "Introduction to American Government" prior to F2025)	3.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
CSUGE: D8; CSUAI: US2, US3; Cal-GETC: 4; IGETC: 4H		
Psychology		
Course	Title	Semester Units
PSYC 111	Psychological/Social Aspects of Aging, Death, and Dying CSUGE: D9, E; Cal-GETC: 4; IGETC: 4I	3.00
PSYC 112	Interpersonal Relations CSUGE: D; Cal-GETC: 4; IGETC: 4	3.00
PSYC 121	Introduction to Child Psychology CSUGE: D9; Cal-GETC: 4; IGETC: 4I	3.00
PSYC 125	Introduction to Behavior Modification	3.00
PSYC 133	Psychology of Women CSUGE: D4, D9; Cal-GETC: 4; IGETC: 4D, 4I	3.00
PSYC 135	Marriage and Family Relations CSUGE: D9, E; Cal-GETC: 4; IGETC: 4I	3.00
PSYC 137	Human Sexual Behavior CSUGE: D9, E; Cal-GETC: 4; IGETC: 4I	3.00
PSYC 155	Introduction to Personality CSUGE: D9; Cal-GETC: 4; IGETC: 4I	3.00
PSYC 161	Introduction to Counseling	3.00
PSYC 166	Introduction to Social Psychology CSUGE: D9; Cal-GETC: 4; IGETC: 4I	3.00
PSYC 201	Academic and Career Opportunities in Psychology	1.00
PSYC 211	Learning CSUGE: D9; Cal-GETC: 4; IGETC: 4I	3.00
PSYC 230	Psychology of Lifespan Development CSUGE: D9, E; Cal-GETC: 4; IGETC: 4I	3.00
PSYC 245	Abnormal Psychology CSUGE: D9; Cal-GETC: 4; IGETC: 4I	3.00
PSYC 255	Introduction to Psychological Research	3.00
PSYC 255L	Introduction to Psychological Research Laboratory	1.00
PSYC 258	Behavioral Science Statistics CSUGE: B4; Cal-GETC: 2; IGETC: 2A	3.00
PSYC 259	Behavioral Science Statistics Laboratory	1.00
PSYC 259R	Statistics Laboratory Using R	1.00
PSYC 260	Introduction to Physiological Psychology CSUGE: B2; Cal-GETC: 5B; IGETC: 5B	3.00
PSYC 260L	Introduction to Physiological Psychology Laboratory CSUGE: B3; Cal-GETC: 5C; IGETC: 5C	1.00
PSYC 270	Work Experience	1.00 - 4.00
PSYC 276	Field Work in Psychological Services	3.00
PSYC 283	Introduction to Cognitive Psychology CSUGE: D; Cal-GETC: 4; IGETC: 4	3.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
PSYC C1000	Introduction to Psychology (Formerly PSYC 101 prior to F2025) (Formerly "General Psychology" prior to F2025) CSUGE: D9; Cal-GETC: 4; IGETC: 4I	3.00

Public Administration

Course	Title	Semester Units
PADM 110	Introduction to Law and Society CSUGE: D; Cal-GETC: 4; IGETC: 4	3.00
PADM 200	Introduction to Public Administration	3.00
PADM 270	Public Administration and/or Law Internship/Work Experience	1.00 - 4.00

Radiologic Technology

Course	Title	Semester Units
RADT 101	Basic Radiologic Technology	2.00
RADT 110	Recording Media	2.00
RADT 121	Radiographic Exposure	3.00
RADT 121C	Radiographic Exposure Laboratory	1.00
RADT 131	Patient Care	3.00
RADT 190	Radiographic Positioning I	1.00
RADT 190L	Radiographic Positioning I-Laboratory	1.00
RADT 192	Image Analysis for Radiologic Technology	2.00
RADT 201	Radiographic Positioning II	1.00
RADT 201L	Radiographic Positioning II Laboratory	1.00
RADT 210	Radiographic Positioning III	1.00
RADT 210L	Radiographic Positioning III Lab	1.00
RADT 221	Advanced Imaging Techniques	2.00
RADT 230	Radiologic Science	2.00
RADT 231	Pathology for Imaging Sciences	2.00
RADT 241	Sectional Anatomy	1.00
RADT 242	Organization of Radiology	1.00
RADT 256A	Directed Clinical Practice I	5.00
RADT 256B	Directed Clinical Practice II	7.50
RADT 256C	Directed Clinical Practice III	6.00
RADT 257A	Directed Clinical Practice IV	7.50
RADT 257B	Directed Clinical Practice V	7.50
RADT 257C	Directed Clinical Practice VI	6.00
RADT 257D	Directed Clinical Practice Computed Tomography	6.00
RADT 261A	Limited Permit-Chest Category	1.00
RADT 261B	Limited Permit-Extremities	2.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
RADT 261C	Limited Permit/Torso-Skeletal	2.00
RADT 262	Limited Permit Technical Factors	3.00
RADT 263	Limited Permit X-ray Techniques	3.00
RADT 271	Digital Mammography	2.00
RADT 271L	Digital Mammography Laboratory	0.50
RADT 275	Computed Tomography Imaging	2.00
RADT 275L	Computed Tomography Imaging Laboratory	0.50

Real Estate

Course	Title	Semester Units
REAL 101	Real Estate Principles	3.00
REAL 105	Legal Aspects of Real Estate	3.00
REAL 110	Principles Real Estate Appraisal I	3.00
REAL 115	Real Estate Finance	3.00
REAL 120	Real Estate Practice	3.00
REAL 125	Real Estate Economics	3.00
REAL 130	Real Property Management	3.00

Russian

Course	Title	Semester Units
RUSS 101	First Course in Russian CSUGE: C2; IGETC: 6A	5.00
RUSS 102	Second Course in Russian CSUGE: C2; Cal-GETC: 3B; IGETC: 3B, 6A	5.00
RUSS 201	Third Course in Russian CSUGE: C2; Cal-GETC: 3B; IGETC: 3B, 6A	5.00
RUSS 296	Individual Instruction in Russian	1.00

Sociology

Course	Title	Semester Units
SOCO 101	Principles of Sociology CSUGE: D0; Cal-GETC: 4; IGETC: 4J	3.00
SOCO 110	Contemporary Social Problems CSUGE: D0; Cal-GETC: 4; IGETC: 4J	3.00
SOCO 125	Sociology of the Family CSUGE: D0; Cal-GETC: 4; IGETC: 4J	3.00
SOCO 145	Health and Society CSUGE: D, E; Cal-GETC: 4; IGETC: 4	3.00
SOCO 150	Sociology of Latinos/Latinas CSUGE: D0, D3; Cal-GETC: 4; IGETC: 4C, 4J	3.00
SOCO 201	Advanced Principles of Sociology	3.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
CSUGE: D0; Cal-GETC: 4; IGETC: 4J		
SOCO 207	Introduction to Race and Ethnicity	3.00
CSUGE: D; Cal-GETC: 4; IGETC: 4		
SOCO 220	Introduction to Research Methods in Sociology	3.00
CSUGE: D; Cal-GETC: 4; IGETC: 4		
SOCO 223	Globalization and Social Change	3.00
CSUGE: D0, D7, D8; Cal-GETC: 4; IGETC: 4G, 4H, 4J		
SOCO 270	Work Experience in Sociology	1.00 - 4.00
SOCO 290	Independent Study	1.00 - 3.00

Spanish

Course	Title	Semester Units
SPAN 101	First Course in Spanish	5.00
CSUGE: C2; IGETC: 6A		
SPAN 102	Second Course in Spanish	5.00
CSUGE: C2; Cal-GETC: 3B; IGETC: 3B, 6A		
SPAN 125	Spanish for Health Care Professionals I	3.00
SPAN 201	Third Course in Spanish	5.00
CSUGE: C2; Cal-GETC: 3B; IGETC: 3B, 6A		
SPAN 202	Fourth Course in Spanish	5.00
CSUGE: C2; Cal-GETC: 3B; IGETC: 3B, 6A		
SPAN 210	Conversation and Composition Spanish 1	3.00
SPAN 211	Conversation and Composition Spanish II	3.00
SPAN 215	Spanish for Spanish Speakers I	5.00
CSUGE: C2; Cal-GETC: 3B; IGETC: 3B, 6A		
SPAN 216	Spanish for Spanish Speakers II	5.00
CSUGE: C2; Cal-GETC: 3B; IGETC: 3B, 6A		
SPAN 221	Hispanic Literature for Spanish Speakers	5.00
CSUGE: C2; Cal-GETC: 3B; IGETC: 3B		
SPAN 222	Hispanic Culture and Civilization for Spanish Speakers	5.00
CSUGE: C2, D; Cal-GETC: 3B, 4; IGETC: 3B, 4		
SPAN 290	Independent Study	1.00 - 3.00

Statistics

Course	Title	Semester Units
STAT C1000	Introduction to Statistics	3.00
(Formerly MATH 119 prior to F2025)		
(Formerly "Elementary Statistics" prior to F2025)		
CSUGE: B4; Cal-GETC: 2; IGETC: 2A		

Sustainability

Course	Title	Semester Units
SUST 101	Introduction to Sustainability	3.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
CSUGE: D; Cal-GETC: 4; IGETC: 4		
SUST 270	Sustainability Work Experience	1.00 - 4.00

Veterinary Technology

Course	Title	Semester Units
VTAH 100A	Animal Care and Management	1.50
VTAH 100B	Advanced Animal Care and Management	1.50
VTAH 115	Veterinary Office Procedures	2.00
VTAH 125	Veterinary Clinical Pathology	3.00
VTAH 125L	Veterinary Clinical Pathology Laboratory	2.00
VTAH 135	Veterinary Pharmacology	2.00
VTAH 140	Veterinary Microbiology and Immunology	2.00
VTAH 145	Veterinary Anatomy and Physiology	3.00
VTAH 145L	Veterinary Anatomy and Physiology Lab	1.00
VTAH 155	Fundamentals of Veterinary Technology	3.50
VTAH 155L	Fundamentals of Veterinary Technology Laboratory	2.00
VTAH 205	Diseases of Domestic Animals	3.00
VTAH 215	Veterinary Radiography	3.00
VTAH 215L	Veterinary Radiography Laboratory	1.00
VTAH 225	Animal Nursing Techniques and Anesthesiology	3.00
VTAH 227	Veterinary Surgical and Nursing Procedures Lab	1.00
VTAH 229	Advanced Surgical Nursing Procedures Lab	1.00
VTAH 260	Laboratory Animal Medicine	2.00
VTAH 260L	Laboratory Animals Medicine Laboratory	1.00
VTAH 270	Veterinary Work Experience	1.00 - 4.00

Vietnamese

Course	Title	Semester Units
VIET 101	First Course in Vietnamese	5.00
CSUGE: C2; IGETC: 6A		
VIET 102	Second Course in Vietnamese	5.00
CSUGE: C2; Cal-GETC: 3B; IGETC: 3B, 6A		
VIET 201	Third Course in Vietnamese	5.00
CSUGE: C2; Cal-GETC: 3B; IGETC: 3B, 6A		
VIET 290	Independent Study in Vietnamese	1.00 - 3.00
VIET 296	Individual Instruction in Vietnamese	1.00

Web Development

Course	Title	Semester Units
WEBD 152	Beginning Web Development: HyperText Markup Language (HTML) and Cascading Style Sheets (CSS)	3.00

Date Generated: 8/8/25



CSU Baccalaureate Level Course List - All Departments

San Diego Mesa College

Academic Year 2025-2026

Course	Title	Semester Units
WEBD 154	Creating User-Centered Content	3.00
WEBD 164	Javascript Fundamentals for Web Development	3.00
WEBD 166	PHP: an Introduction	3.00
WEBD 167	Using Web Databases	3.00
WEBD 168	Intermediate HTML (HyperText Markup Language) and CSS (Cascading Style Sheets) for Web Design	3.00
WEBD 169	Website Development Using Open Source Content Management	3.00
WEBD 171	Advanced JavaScript for Web Development	3.00
WEBD 173	E-Commerce Website Creation	3.00
WEBD 191	Professional Practices in Web Design	3.00

Women's Studies

Course	Title	Semester Units
WMNS 101	Introduction to Gender and Women's Studies CSUGE: D; Cal-GETC: 4; IGETC: 4	3.00

Work Experience

Course	Title	Semester Units
WORK 270	Occupational Work Experience	1.00
WORK 272	General Work Experience	1.00 - 3.00

END OF LIST