

General Education

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Lower Division GE Coursework

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Upper Division GE Coursework

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Lower Division GE Coursework

Area A ~ English Language Communication & Critical Thinking

A1: Oral Communication

Approved Courses

- [ENSTU 111 - Introduction to Environmental Communication](#) Units: 3
- [FYS 111 - Introduction to Environmental Communication](#) Units: 3
- [HCOM 110 - Fundamentals of Speaking and Listening](#) Units: 3

A2: Written Communication

Approved Courses

- [CAD 101B - Reading and Writing 2](#) Units: 3
- [CAD 102 - College Reading and Writing Studio](#) Units: 3
- [ENSTU 120 - Writing about the Environment](#) Units: 3
- [HCOM 120 - Critical Reading and Writing](#) Units: 3
- [SBS 110 - Academic Writing in the Social Sciences](#) Units: 3
- [HCOM 125 - Writing and Reading for College Success](#) Units: 3

A3: Critical Thinking

Approved Courses

- [BIO 131 - Bioethics](#) Units: 3
- [ENSTU 130 - Science, Media, and Society](#) Units: 3
- [HCOM 200 - Critical Thinking & Ethics](#) Units: 3
- [HCOM 202 - Philosophy of Human Nature](#) Units: 3

Area B ~ Scientific Inquiry & Quantitative Reasoning

B1: Physical Science

Approved Courses

- [AGPS 128 - Introduction to Soil Science](#) Units: 3
- [CHEM 109 - Introductory Chemistry](#) Units: 3
- [CHEM 110 - Chemistry I](#) Units: 4
- [CST 286 - Physics of Computing](#) Units: 4
- [ENVS 282 - Mtry Bay:Case Sty Env Sci &Pol](#) Units: 3
- [GEOL 110 - Introduction to Earth Science](#) Units: 3
- [GEOL 210 - Earth Science for Teachers](#) Units: 3
- [PHYS 121 - Integrated Physical Science](#) Units: 3

B2: Life Science

Approved Courses

- [BIO 106 - Introduction to Plant Science](#) Units: 3
- [BIO 204 - Introduction to Life Science](#) Units: 3
- [BIO 210 - Molecular and Cell Biology and Animal Physiology](#) Units: 4
- [BIO 211 - Ecology, Evolution, Biodiversity and Plants](#) Units: 4
- [ENVS 201 - Intro to Environmental Science](#) Units: 4
- [ENVS 240 - Environmental Biology](#) Units: 4
- [FYS 124 - Introduction to Environmental Science](#) Units: 4
- [PSY 110 - Human Biology & Behavior](#) Units: 3
- [SBS 100 - Human Biocultural Evolution](#) Units: 3

B3: Laboratory Practices

Approved Courses

- [AGPS 128 - Introduction to Soil Science](#) Units: 3
- [BIO 106 - Introduction to Plant Science](#) Units: 3
- [BIO 210L - Molecular and Cell Biology and Animal Physiology Lab](#) Units: 1
- [BIO 211L - Ecology, Evolution, Biodiversity and Plants Lab](#) Units: 1
- [CHEM 109L - Intro Chemistry Lab](#) Units: 1
- [CHEM 110L - Chemistry I Lab](#) Units: 1
- [CST 286 - Physics of Computing](#) Units: 4
- [ENVS 201 - Intro to Environmental Science](#) Units: 4
- [ENVS 240 - Environmental Biology](#) Units: 4
- [FYS 124 - Introduction to Environmental Science](#) Units: 4
- [PHYS 121L - Integrated Phy Science Lab](#) Units: 1
- [PSY 110L - Human Biology and Behavior Lab](#) Units: 1

B4: Mathematics/Quantitative Reasoning

CSUMB offers support courses for selected area B4 courses. These courses are described in the [mathematics courses section](#) of this catalog. Please see the [First Year Success page](#) for additional information.

Approved Courses

- [CHHS 203 - Statistics for Social Science](#) Units: 3
- [MATH 100 - Quantitative Literacy](#) Units: 3
- [MATH 115 - Finite Mathematics](#) Units: 3
- [MATH 130 - Precalculus](#) Units: 5
- [MATH 150 - Calculus I](#) Units: 4
- [STAT 100 - Introduction to Statistics](#) Units: 3

Area C ~ Arts and Humanities

C1: Arts

Approved Courses

- [CART 211 - Picturing the Environment](#) Units: 3
- [CART 220 - Haunted Screens: Horror in Film](#) Units: 3
- [CART 228 - Cinematic History 1849-1960](#) Units: 3
- [CART 230 - The Art of Storytelling](#) Units: 3
- [CART 231 - Movie Mania](#) Units: 3
- [CART 232 - Power of Film](#) Units: 3
- [CST 226 - Digital Photography](#) Units: 3
- [CST 227 - Design Fundamentals](#) Units: 3
- [FYS 142 - Youth and Protest in the Arts](#) Units: 3
- [GS 225 - Global Voices](#) Units: 3
- [HCOM 230 - Environmental Creative Writing](#) Units: 3
- [HCOM 231 - Latinx Creative Wrtg Wrkshp](#) Units: 3
- [JAPN 213 - Manga, Anime & Modern Japan](#) Units: 3
- [JAPN 215 - Cool Japan Today](#) Units: 3
- [LS 233 - Arts in the School and Community](#) Units: 3
- [MPA 100 - Music Fundamentals](#) Units: 3
- [MPA 220 - From Gregorian Chant to Hip-Hop](#) Units: 3
- [MPA 233 - Expressive Arts](#) Units: 3
- [MPA 239 - Contemporary Musical Theater: Little Johnny Jones to The Color Purple](#) Units: 3
- [MPA 241 - Introduction to Theater](#) Units: 3
- [VPA 205 - Introduction to Art Appreciation](#) Units: 3

C2: Humanities and Language

Approved Courses

- [ASL 101 - Beg American Sign Lang I](#) Units: 3
- [ASL 102 - Beg American Sign Lang II](#) Units: 3
- [ASL 201 - Intermediate ASL I](#) Units: 3
- [CART 212 - Charlie Don't Surf: War, Culture & Cinema](#) Units: 3
- [CHHS 210 - Literature of Social Protest](#) Units: 3

- [CST 271 - Digital Culture](#) **Units: 3**
- [FYS 143 - Philosophy of Nonviolence](#) **Units: 3**
- [FYS 144 - Art, Religion and the Americas](#) **Units: 3**
- [FYS 145 - Digital Media Arts & Culture](#) **Units: 3**
- [FYS 147 - Literature of Healing: The Representation of Mental Illness in Latinx Literature](#) **Units: 3**
- [FYS 148 - Schooling the Public Imagination: From Hogwarts to Stand and Deliver](#) **Units: 3**
- [GS 214 - Global History I: Ancient Times to 1500](#) **Units: 3**
- [HCOM 225 - Literature, Film & Culture](#) **Units: 3**
- [ITAL 101 - Beginning Italian I](#) **Units: 3**
- [ITAL 102 - Beginning Italian II](#) **Units: 3**
- [ITAL 201 - Intermediate Italian I](#) **Units: 3**
- [JAPN 101 - Beginning Japanese I](#) **Units: 3**
- [JAPN 102 - Beginning Japanese II](#) **Units: 3**
- [JAPN 201 - Intermediate Japanese I](#) **Units: 3**
- [JAPN 212 - Samurai Spirit](#) **Units: 3**
- [SBS 114 - Women and Social Change in the United States, 1890-Present](#) **Units: 3**
- [SPAN 101 - Beginning Spanish I](#) **Units: 3**
- [SPAN 102 - Beginning Spanish II](#) **Units: 3**
- [SPAN 201 - Intermediate Spanish I](#) **Units: 3**
- [SPAN 202 - Intermediate Spanish II](#) **Units: 3**
- [SPAN 212 - Spanish For Spanish Speakers I](#) **Units: 3**
- [WLC 212 - Language and Culture for Heritage Speakers](#) **Units: 3**

Area D ~ Social Sciences

To fulfill GE Requirements, students must successfully complete one course from either the General Social Sciences or U.S. History course lists, and complete one course from Civics & Lower Division Service Learning course list.

General Social Sciences

Approved Courses

- [BUS 201 - Macro Economics](#) **Units: 3**
- [BUS 202 - Micro Economics](#) **Units: 3**
- [CHHS 204 - Economics and Society](#) **Units: 3**
- [CHHS 215 - Introduction to Human Services](#) **Units: 3**
- [CHHS 225 - Drugs, Society and Policy](#) **Units: 3**
- [CHHS 230 - Social Justice and Global Health](#) **Units: 3**
- [ENSTU 280 - Environmental Economics and Policy](#) **Units: 3**
- [FYS 156 - Technology and Society](#) **Units: 3**
- [FYS 158 - Archaeology/Sustainability](#) **Units: 3**
- [FYS 159 - Far East Explorer](#) **Units: 3**
- [FYS 179 - Myths and Realities of Asia](#) **Units: 3**
- [GS 205 - Politics of Everyday Life](#) **Units: 3**
- [GS 215 - Global History II - World History Since 1500](#) **Units: 3**
- [GS 222 - Cities in a Global Context](#) **Units: 3**
- [GS 240 - Introducing International Relations](#) **Units: 3**
- [GS 251 - Intro to Global Economics](#) **Units: 3**
- [HCOM 170 - Introduction to Mass Communication](#) **Units: 3**
- [PSY 100 - Introduction to Psychology](#) **Units: 3**

- [SBS 101 - Introduction to Anthropology](#) Units: 3
- [SBS 102 - Introduction to Archaeology](#) Units: 3
- [SBS 252 - World Regional Geography](#) Units: 3
- [SOC 100 - Introduction to Sociology](#) Units: 3

U.S. History

Approved Courses

- [CST 274 - History of Communication Technologies and Politics in America](#) Units: 3
- [HCOM 251 - Introduction to US History](#) Units: 3
- [HCOM 265 - Histories of Democracy](#) Units: 3
- [SBS 111 - United States History to 1890](#) Units: 3

Civics & Lower Division Service Learning

Approved Courses

- [ED 212S - Federal, State, and Local Governments and their Impact on Public Schooling](#) Units: 3
- [HCOM 260S - Politics & Participation](#) Units: 3
- [SBS 212S - Citizen Action, Community Power, and Political Change](#) Units: 3
- [SL 210S - The Promise and Reality of the American Dream](#) Units: 3

Area E ~ Lifelong Learning & Self-Development

To fulfill GE Requirements, students must successfully complete one of the following courses:

Approved Courses

- [CHHS 260S - Social Justice and Health](#) Units: 3
- [FYS 181 - Multicultural Health](#) Units: 3
- [FYS 182 - Sex, Drugs and Rock n Roll](#) Units: 3
- [FYS 183 - Eat, Love, Learn](#) Units: 3
- [HDFS 200 - Introduction to Child Development](#) Units: 3
- [KIN 161 - Health and Well Being](#) Units: 3
- [KIN 263 - Introduction to Human Sexuality](#) Units: 3

Area F ~ Ethnic Studies

To fulfill GE Requirements, students must successfully complete one of the following courses:

Approved Courses

- [FYS 191 - Comp. Ethnic Experiences](#) Units: 3
- [JAPN 307 - Japan-American Experience](#) Units: 3
- [JAPN 317 - Pacific Food Empires](#) Units: 3
- [HCOM 220 - Afro Cuba Hip Hop - Music and Dance in the Black Atlantic](#) Units: 3
- [HCOM 224 - American Indigenous Literatures and Cultures](#) Units: 3
- [HCOM 229 - Multicultural Poetry](#) Units: 3
- [HCOM 243 - Introduction to Ethnic Studies](#) Units: 3
- [HCOM 246 - Introduction to Mexican American Studies](#) Units: 3
- [HCOM 247 - African Legacy Worldwide](#) Units: 3
- [HCOM 391 - Race and Ethnicity in the United States](#) Units: 3

- [HDFS 322 - Immigrant Families Across the Lifespan](#) **Units: 3**
- [LS 363 - Immigrants & Equity Issues in Education](#) **Units: 3**
- [SBS 249 - Native American Societies](#) **Units: 3**
- [SPAN 260 - Contemporary Chicano Literature: Survey](#) **Units: 3**
- [SPAN 370 - The Chicano Community](#) **Units: 3**

The following courses are crosslisted with those listed above. Click on any course for details.

- [ES 191 - Comp. Ethnic Experiences](#) **Units: 3**
- [ES 220 - Afro Cuba Hip Hop - Music and Dance in the Black Atlantic](#) **Units: 3**
- [ES 224 - American Indigenous Literatures and Cultures](#) **Units: 3**
- [ES 229 - Multicultural Poetry](#) **Units: 3**
- [ES 243 - Introduction to Ethnic Studies](#) **Units: 3**
- [ES 246 - Introduction to Mexican American Studies](#) **Units: 3**
- [ES 247 - African Legacy Worldwide](#) **Units: 3**
- [ES 249 - Native American Societies](#) **Units: 3**
- [ES 260 - Contemporary Chicano Literature: Survey](#) **Units: 3**
- [ES 307 - Japan-American Experience](#) **Units: 3**
- [ES 317 - Pacific Food Empires](#) **Units: 3**
- [ES 322 - Immigrant Families Across the Lifespan](#) **Units: 3**
- [ES 363 - Immigrants & Equity Issues in Education](#) **Units: 3**
- [ES 370 - The Chicano Community](#) **Units: 3**
- [ES 391 - Race and Ethnicity in the United States](#) **Units: 3**

Upper Division GE Coursework

Area B ~ Integrated Scientific Inquiry & Quantitative Reasoning

Students must successfully complete 3 units from one of the following Upper Division B Area courses:

- [BIO 306 - Biotechnology for Agriculture](#) **Units: 3**
- [BIO 311 - Genetics](#) **Units: 4**
- [BIO 340 - Ecology](#) **Units: 4**
- [BIO 347 - Working with Marine Mammals](#) **Units: 3**
- [BUS 307 - Finance](#) **Units: 4**
- [BUS 350 - Financial Literacy](#) **Units: 3**
- [CHEM 305 - General, Organic, and Biochemistry in Agriculture and Environmental Science](#) **Units: 3**
- [CHHS 384 - Quantitative Analysis of Survey Data](#) **Units: 3**
- [CST 319 - Computing Across the Disciplines](#) **Units: 3**
- [CST 329 - Reasoning with Logic](#) **Units: 3**
- [ENSTU 309 - Climate Change Science and Solutions](#) **Units: 3**
- [ENVS 307 - Energy Solutions and Climate Change](#) **Units: 3**
- [GEOL 310 - Natural Disasters and Human Impacts](#) **Units: 3**
- [GEOL 360 - Geomorphic Systems](#) **Units: 4**
- [GS 318 - Quantitative Reasoning in Global Perspectives](#) **Units: 3**
- [JAPN 410 - Quakes and Nukes: \(Un\)Natural Japanese Environments](#) **Units: 3**
- [KIN 370 - Anatomy & Physiology I](#) **Units: 3**
- [KIN 371 - Anatomy & Physiology II](#) **Units: 3**
- [KIN 390 - Exercise Physiology](#) **Units: 3**
- [MATH 308 - Elementary Mathematics from an Advanced Perspective A](#) **Units: 3**

- [MPA 305 - Measuring Music](#) **Units: 3**
- [MSCI 305 - Marine Life of Monterey Bay](#) **Units: 3**
- [MSCI 345 - Marine Biodiversity and Functional Morphology](#) **Units: 3**
- [NURS 301 - Pathophysiology for Clinical Practice](#) **Units: 3**
- [SBS 324 - Archaeological Science](#) **Units: 3**
- [SBS 333 - Forensic Anthropology](#) **Units: 3**
- [STAT 310 - Data Visualization](#) **Units: 3**

Area C ~ Integrated Arts & Humanities

Students must successfully complete 3 units from one of the following Upper Division C courses:

- [CART 329 - Contemporary Media History](#) **Units: 3**
- [CHHS 350 - Professional Ethics](#) **Units: 3**
- [CST 302 - History of Communication Design](#) **Units: 3**
- [CST 328 - Digital Art and Design](#) **Units: 3**
- [HCOM 301 - Ways Of Knowing](#) **Units: 3**
- [HCOM 304 - Relational Ethics](#) **Units: 3**
- [HCOM 335 - Amer Ethnic Lit & Culture](#) **Units: 3**
- [HCOM 352 - History According To Movies](#) **Units: 3**
- [JAPN 305 - Introduction to Japanese Culture & Civilization](#) **Units: 3**
- [JAPN 306 - The Japanese Mind](#) **Units: 3**
- [JAPN 308 - Japanese Pop-Culture](#) **Units: 3**
- [JAPN 309 - Masterpieces in Japanese Literature](#) **Units: 3**
- [JAPN 310 - Japanese Cinema](#) **Units: 3**
- [JAPN 314 - Japanese Visual Culture and Media](#) **Units: 3**
- [JAPN 340 - Language for Professions: Japanese](#) **Units: 3**
- [JAPN 350 - World Culture and Language: Japanese](#) **Units: 3**
- [LS 390 - Culturally Sustaining Literature for Elementary and Middle Grades](#) **Units: 3**
- [MPA 321 - Monterey Jazz Festival](#) **Units: 3**
- [MPA 335 - Reflections on America](#) **Units: 3**
- [MPA 365 - Survey of Global Music](#) **Units: 3**
- [NURS 350 - Healthcare Assessment within the Latino Population](#) **Units: 3**
- [SBS 315 - Growth and Conflict in the United States to 1920](#) **Units: 3**
- [SPAN 340 - Language for Professions: Spanish](#) **Units: 3**
- [SPAN 350 - World Culture and Language: Spanish](#) **Units: 3**
- [SPAN 365 - The Chicano Narrative](#) **Units: 3**
- [VPA 308 - Ways Of Seeing](#) **Units: 3**

Area D ~ Integrated Social Sciences

Students must successfully complete 3 units from one of the following Upper Division D Area courses:

- [BUS 300S - Business Ethics in Action](#) **Units: 3**
- [CHHS 450 - Introduction to Policy Analysis](#) **Units: 3**
- [CST 462S - Race, Gender, Class in the Digital World](#) **Units: 3**
- [ENSTU 387 - Water Resource Assess/Law/Poli](#) **Units: 3**
- [GS 327 - Politics of the Middle East](#) **Units: 3**
- [GS 342 - Economic Thought: History and Contemporary Interpretations](#) **Units: 3**
- [GS 379 - Ethics of Corporate Social Responsibility](#) **Units: 3**

- [HCOM 343 - Race and Gender Justice](#) **Units: 3**
- [HCOM 353 - California At Crossroads](#) **Units: 3**
- [HCOM 362 - Constitutional History](#) **Units: 3**
- [HCOM 369 - Asian American History](#) **Units: 3**
- [HDFS 321 - Diverse Families](#) **Units: 3**
- [HDFS 350 - Lifespan Development: Transition and Change](#) **Units: 3**
- [HDFS 353 - Cross-Cultural Human Development](#) **Units: 3**
- [HDFS 360 - Child Development](#) **Units: 3**
- [JAPN 311 - Social Issues In Japan](#) **Units: 3**
- [JAPN 407 - Japan in the Globalized Community](#) **Units: 3**
- [KIN 471S - Kinesiology Service Learning](#) **Units: 3**
- [LS 310 - Educational Issues and the Latino Community](#) **Units: 3**
- [MPA 317S - Community Involvement Service Learning](#) **Units: 3**
- [NURS 499 - Community Health Nursing](#) **Units: 3**
- [PH 417 - Global Women's Health and Social Issues](#) **Units: 3**
- [PH 447 - Food Policy, Culture & Health](#) **Units: 3**
- [PH 457 - Health Systems & Policy](#) **Units: 3**
- [SBS 304 - California Indian Societies](#) **Units: 3**
- [SBS 320 - Archaeology of Colonialism](#) **Units: 3**
- [SBS 322 - Asian American Women's History](#) **Units: 3**
- [SBS 335 - Digital Ethnographies](#) **Units: 3**
- [SBS 345 - Cultural Anthropology](#) **Units: 3**
- [SBS 354 - Rest vs West: Guns, Pirates, and Modernity](#) **Units: 3**
- [SBS 356 - People, Places, & Environment: An Introduction to Geography](#) **Units: 3**
- [SBS 364 - The Japanese Internment Camps](#) **Units: 3**
- [SBS 379 - Tattoos, Makeup and Burkas](#) **Units: 3**
- [SBS 384S - Anthropology of Education: Cultural Contexts of Bilingual Education](#) **Units: 3**
- [SBS 386 - Social and Political Histories of California](#) **Units: 3**
- [SBS 389 - Environmental History of California](#) **Units: 3**
- [SL 490 - Participatory Action Research Methods](#) **Units: 3**
- [SOC 312 - Sociology of Gender](#) **Units: 3**
- [SOC 317 - Social Movements](#) **Units: 3**
- [SOC 320 - Labor and Labor Movements](#) **Units: 3**

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